

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2018

## Independent Living at The Palazzo

<p><b>“May Day”</b> <b>1</b></p> <p>9:00 Morning walk w/Kelly – LOB 9:00 Information Tech HELP – LIB 9:30 Current Events w/ Leisah 10:00 Super Brain w/Lauren – ACT 10:00 The Palazzo Photo Time-MS 10:30 Menu Chat – Dining Room 11:00 Morning Exercise w/ Katie <b>1:00 The Palazzo’s 2<sup>nd</sup> Anniversary Celebration – MS</b> <b>2:30 BINGO – Activity Room</b> <small>May Day</small></p>	<p><b>Jack Benny Radio Debut</b> <b>2</b></p> <p>9:00 Morning Walk w/Kelly - LOB 9:30 Painting w/Nancy – CR 9:30 Fitness Fun w/Zoe – ACT 10:00 Mahj Lessons – JFCS Alcove 10:30 No-Bake Demo – Craft Room 11:00 Chair Yoga w/ Zoe – ACT 1:00 Writer’s Group – Craft Room 2:00 Jack Benny’s Old Time Radio 3:00 May IQ – Activity Room 7:00 Evening Movie : TBD</p>	<p><b>Joe DiMaggio’s MLB Debut</b> <b>3</b></p> <p>9:00 Fit &amp; Fabulous w/Vickie – Act <b>8:45 – Depart: Stretching for Seniors- Chair Yoga – ENT 1</b> 9:30 Mahj Meetup – Craft Room 10:00 “P3”( Pictionary, Password, Pyramid) – Activity Room 11:00 Total Wellness Exercise 1:00 Craft &amp; Greet w/Director-CR <b>2:00 BINGO – Activity Room</b> <b>5:30-7 KARAOKE – Activity Room</b></p>	<p><b>A Roman Holiday</b> <b>4</b></p> <p>9:00 Coffee &amp; Conversation-MS 9:30 Hot Bodies w/Lauren - ACT 10:30 Chat w. Rabbi Levi - CIN 10:30 Discussion Group w. Lauren 11:00 Zumba Dance Exercise - Act 11:30 Taste of Shabbat - CIN <b>1:00 Cinco De Mayo Celebration On Main Street</b> 2:00 Bible Study w/Albert - CHP 3:00 Audrey Hepburn – ACT 7:00 Evening Movie - TBD</p>	<p><b>Kentucky Derby Day</b> <b>5</b></p> <p>9:00 Water Aerobics Class –Pool 9:00 Resident Led Walk - Lobby 9:00 Coffee &amp; Current Events- MS <b>9:30 Depart Beth EI- ENT1</b> <b>10:00 Cinco De Mayo Mariachi Band – Main Street</b> 10:30 Line Dancing- Activity Room 1:00 BINGO – Activity Room <b>3:00 Cinco De Mayo Drink Social</b> 3:00&amp;7 Evening Movie: TBD <small>Cinco de Mayo</small></p>		
<p><b>National Nurses Week</b> <b>6</b></p> <p>8:30 Church Transportation- ENT1 9:00 Church Service- MPR 9:30 May Monthly Gazette-MS 10:00 Morning Walk w/Kelly – LOB <b>10:30 Beading – Activity Room</b> 1:00 BINGO 2:00 Music on Main Street <b>2:00 Depart: Walmart – ENT 1</b> 3:00 Puzzles on Main Street 3:00&amp;7 Evening Movie: TBD</p>	<p><b>Favorite Photo Day</b> <b>7</b></p> <p>9:00 Coffee &amp; Conversation-MS 9:00 Monday Morning Walk <b>9:00-11 Mother’s Day Photo Shoot - MPR</b> 10:30 Week @ a Glance- ACT 11:00 Tai Chi/ Message- ACT 1:30 Spanish 101- MPR 2:00 Popcorn Monday – MS <b>3:00 Bring Your Favorite Photo &amp; Let’s Reminisce – Activity R</b> 7:00 Evening Movie - TBD</p>	<p><b>National Teacher Day</b> <b>8</b></p> <p><b>8:00 Resident Breakfast</b> 9:00 Morning Walk w/ Kelly –LOB 9:00 Information Tech HELP! - LIB 9:30 Therapy Dog Visit - MS 10:00 “Are You Smarter than a 5<sup>th</sup> grader?” – Activity Room <b>10:00 Depart: Michaels – ENT 1</b> 11:00 Morning Exercise with Kate <b>1:00 Classical Music and Coloring</b> 2:30 BINGO – Activity Room</p>	<p><b>Royal Horse Show</b> <b>9</b></p> <p>9:00 Morning Walk w/Kelly - LOB 9:30 Painting with Nancy 9:30 Fitness Fun w. Zoe 10:00 Mahj Lessons -JFCS Alcove 10:30 No-Bake Demo w. Zoe 11:00 Chair Yoga w. Zoe 1:00 Writer’s Group w. Sharon <b>1:00 Mother’s Day Tea Party</b> <b>3:00 Checker Challenge with Mr. Landis &amp; The Honor Students-MS</b></p>	<p><b>Mother Ocean Day</b> <b>10</b></p> <p>9:00 Fit &amp; Fabulous w/Vickie-ACT 9:30 Mahj Meetup – Craft Room 10:00 “P3”(Pictionary, Password, Pyramid) Activity Room 11:00 Total Wellness Exercise <b>1:00 Mother’s Day Craft w/Jen B.</b> 2:00 BINGO – Activity Room <b>3:00 Mother Earth News – 15 Fun &amp; Surprising Facts about the Earth Oceans – Activity Room</b></p>	<p><b>Military Spouse Appreciation</b> <b>11</b></p> <p>9:00 Coffee &amp; Conversation-MS 9:30 Hot Bodies w/Lauren - Act 10:30 Discussion Group w/Lauren 10:30 Palazzo Kitchen Tour - DIN 11:00 Zumba Dance Exercise - Act 11:30 Taste of Shabbat w/Nurit-CIN 1:00 Musical Bingo w/Debbie 2:00 Bible Study w/ Albert – CHP <b>5:15 Depart Promptly: Chabad Dinner – Meet in Lobby</b></p>	<p><b>Horse Sense Saturday</b> <b>12</b></p> <p><b>9:00 Water Aerobics Class</b> 9:00 Coffee &amp; Current Events- <b>9:30 Depart Beth EI- ENT1</b> <b>9:30 Depart: Lake Pleasants Visitor’s Center – Entrance 1</b> 10:30 Line Dancing – Activity Room <b>10:30 Depart: Farmer’s Market – Entrance 1</b> <b>1:00 BINGO – Activity Room</b> 2:00 What Am I - Activity Room</p>
<p><b>Beginning of National Police Week</b> <b>13</b></p> <p>8:30 Church Transportation- ENT1 9:00 Church Service- MPR 9:30 Coffee &amp; Chronicles -MS 10:00 Morning Walk – LOB <b>11:00-2pm Mother’s Day Champagne Brunch – Dining R</b> 1:00 BINGO 2:00 Music on Main Street 3:00 Puzzles on Main Street 3:00&amp;7 Evening Movie - TBD <small>Mother’s Day</small></p>	<p><b>WAAC Formation Anniversary</b> <b>14</b></p> <p>9:00 Coffee &amp; Conversation-MS 9:00 Monday Morning Walk <b>10:00 Paula’s Bags &amp; More - MS</b> <b>10:00 June Calendar Planning- Cinema Room</b> <b>10:30-12 Artsy Smartsy/ Silk Painting – Activity Room</b> <b>10:30 Week @ a Glance- ACT</b> 11:00 Tai Chi/ Message- ACT 1:30 Spanish 101- MPR 2:00 Popcorn Monday</p>	<p><b>Senior Citizen Day</b> <b>15</b></p> <p>9:00 Morning Walk w/ Kelly –LOB 9:00 Information Tech HELP! 10:00 Super Brain w/Lauren - Act 10:30 Fix-it with Jen – Main Street 11:00 Morning Exercise w/Kate <b>12:00 Captain’s Table - DIN</b> <b>1:00 Craft with Jen B. – Craft R</b> 2:30 BINGO – Activity Room 3:30 Searching for May – ACT 7:00 Evening Movie - TBD</p>	<p><b>Piano Candelabra Day</b> <b>16</b></p> <p>9:30 Painting with Nancy - CR 9:30 Fitness Fun w/Zoe - ACT 10:00 ADL Discussion w/Carlos-Cin 10:00 Mahj Lessons – JFCS Alcove 10:30 No-Bake Demo w. Zoe 11:00 Chair Yoga w. Zoe 1:00 Writer’s Group w/Sharon <b>1:00 Shavuot Celebration - CIN</b> <b>2:00 LIBERACE Concert- MS</b> 7:00 Evening Movie: TBD <small>First Day of Ramadan</small></p>	<p><b>What’s All the Racket About?</b> <b>17</b></p> <p><b>8:45 – Depart: Stretching for Seniors – Chair Yoga – ENT 1</b> 9:00 Fit &amp; Fabulous with Vickie- Activity Room 9:30 Mahj Meetup – Craft Room <b>10:00 Phoenix Art Museum – CIN</b> 11:00 Total Wellness Exercise - Act 1:00 Tia Chi w/Mary – Activity R 2:00 BINGO – Activity Room 7:00 Evening Movie: TBD</p>	<p><b>Chocolate Chip Cookie Day</b> <b>18</b></p> <p>9:00 Coffee &amp; Conversation-MS 9:30 Hot Bodies w/Lauren - ACT 10:30 Chat w/Rabbi Levi - CIN 10:30 Discussion Group w/Lauren 11:00 Zumba Dance Exercise-Act 11:30 Taste of Shabbat – CIN 1:00 Movie &amp; Popcorn – CIN 2:00 Bible Study w/Albert – CHP 3:00 Checker Challenge - MS 7:00 Evening Movie: TBD</p>	<p><b>Shavuot Begins</b> <b>19</b></p> <p><b>9:00 Water Aerobics Class</b> 9:00 Coffee &amp; Current Events- MS <b>9:30 Depart Beth EI- ENT1</b> <b>10:00 Depart: PV Mall and Chompies – Entrance 1</b> 10:30 Line Dancing- Activity Room 1:00 BINGO – Activity Room 2:00 About Shavout – ACT 2:30 Shavout Word Search – ACT 3:00&amp;7 Evening Movie - TBD <small>Armed Forces Day</small></p>
<p><b>New Friends, Old Friends Week</b> <b>20</b></p> <p>8:30 Church Transportation- ENT1 9:00 Church Service- MPR 9:30 Coffee &amp; Chronicles-MS 10:00 Morning Walk – LOB <b>10:30 Beading – Activity Room</b> <b>11:00 Discuss &amp; Recall: British Royal Obsession – Activity R</b> 1:00 BINGO – Activity Room 2:00 Music on Main Street <b>2:00 Depart: 99Cent Store- Ent1</b> <small>First Day of Shavuot</small></p>	<p><b>College Graduation Memories Day</b> <b>21</b></p> <p>9:00 Coffee &amp; Conversation-MS 9:00 Monday Morning Walk - LOB <b>9:30 Week @ a Glance- ACT</b> 11:00 Tai Chi/ Message- ACT 1:30 Spanish 101- MPR <b>2:00 White Hat Ambassador Meeting- MPR</b> 3:00 Popcorn Monday – MS 4:00 Cranium Crunchers - MS 7:00 Evening Movie - TBD</p>	<p><b>Senior PGA Championship</b> <b>22</b></p> <p>9:00 Morning Walk w/ Kelly –LOB 9:00 Information Tech HELP! 10:00 “Are you smarter than a 5<sup>th</sup> Grader?” – Activity Room 11:00 Morning Exercise with Kate <b>12:00 Birthday Luncheon - DIN</b> <b>1:00 Happy Hour w/Claudia - MS</b> 2:30 BINGO – Activity Room 3:30 Famous May Birthdays - ACT 7:00 Tuesday Movie: TBD</p>	<p><b>Happy 90<sup>th</sup> Rosemary Clooney</b> <b>23</b></p> <p>9:00 Morning Walk w/Kelly - LOB 9:30 Painting with Nancy - CR 9:30 Fitness Fun w/Zoe – ACT 10:00 Mahj Lessons – JFCS Alcove 10:30 No-Bake Demo w. Zoe 11:00 Chair Yoga w/Zoe- ACT 1:00 Writer’s Group w. Sharon <b>2:00 All About Rosemary Clooney – Activity Room</b> 7:00 Evening Movie: TBD</p>	<p><b>“Red Nose Day”</b> <b>24</b></p> <p>9:00 Fit &amp; Fabulous w/Vickie- Act 9:30 Mahj Meetup – Craft Room 10:00 “P3” ( Pictionary, Password, Pyramid) – Activity Room <b>10:15 Depart: Lone Butte Casino</b> 11:00 Total Wellness Exercise-Act <b>11:30 Depart: Red Lobster –Ent 1</b> 1:00 Tai Chi w/Mary – Cinema R <b>2:00 BINGO – Activity Room</b> <b>7:00 Gourmet Dining – Dining R</b></p>	<p><b>Wear the Lilac Day</b> <b>25</b></p> <p>9:00 Coffee &amp; Conversation-MS 9:30 Hot Bodies w/Lauren - ACT 10:30 Chat w/Rabbi Levi - CIN 10:30 Discussion Group w/Lauren 11:00 Zumba Dance Exercise - Act 11:30 Taste of Shabbat – CIN 1:00 Book Club w/Carrie - CIN <b>2:00 Pottery Class – Craft Room</b> <b>2:00 Music with Darren – MS</b> 7:00 Friday Evening Movie:TBD</p>	<p><b>The Duke’s Day</b> <b>26</b></p> <p><b>9:00 Water Aerobics Class</b> 9:00 Coffee &amp; Current Events- MS <b>9:30 Depart Beth EI- ENT1</b> 10:30 Line Dancing- Activity Room <b>11:00 Depart: Mandarin Buffet – Entrance 1</b> <b>1:00-3:30 Intergenerational Workshop - MPR</b> <b>1:30 BINGO – Activity Room</b> 7:00 Evening Movie: TBD</p>
<p><b>Indianapolis 500-Mile Race</b> <b>27</b></p> <p>8:30 Church Transportation- ENT1 9:00 Church Service- MPR 9:30 May Monthly Gazette-MS 10:00 Morning Walk – LOB 10:30 UNO- Activity Room <b>11:30 Depart: Burger King–ENT 1</b> 1:00 BINGO – Activity Room 2:00 Music on Main Street 3:00 Puzzles on Main Street 3:00&amp;7 Sunday Movie: TBD</p>	<p><b>“Flower Moon Day”</b> <b>28</b></p> <p>9:00 Coffee &amp; Conversation-MS 9:00 Monday Morning Walk 9:30 Beading – Activity Room 10:30 Week @ a Glance- ACT 11:00 Tai Chi/ Message- ACT <b>12:00 Memorial Day Cookout – Dining Room</b> 1:30 Spanish 101- MPR <b>2:00 Memorial Day Entertainment – Main Street</b> 3:00 Popcorn Monday <small>Memorial Day</small></p>	<p><b>“Flower Moon Day”</b> <b>29</b></p> <p>9:00 Morning Walk w/ Kelly –LOB 9:00 Information Tech HELP! 10:00 Super Brain w/Lauren: Can You Afford to Eat Healthy?-ACT 11:00 Morning Exercise with Kate <b>1:00 Tai Chi – Cinema Room</b> 2:30 BINGO – Activity Room 3:30 Crosswords &amp; Word Search Activity Room 7:00 Tuesday Movie: TBD</p>	<p><b>National Senior Health &amp; Fitness</b> <b>30</b></p> <p>9:30 Painting with Nancy- CR 9:30 Fitness Fun w/Zoe - ACT 10:00 Mahj Lessons – JFCS Alcove 10:30 No-Bake Demo w/Zoe - CR 11:00 Chair Yoga w/Zoe - ACT 1:00 Writer’s Group w/Sharon-CR <b>1:30 Employee of the Month Ice Cream Social – Main Street</b> 3:00 Checker Challenge - MS 7:00 Evening Movie: TBD</p>	<p><b>Big Ben Goes Tick-Tock Day</b> <b>31</b></p> <p>9:00 Fit &amp; Fabulous with Vickie- 9:30 Mahj Meetup – Craft Room 10:00 “P3”(Pictionary, Password, Pyramid) – Activity Room 11:00 Total Wellness Exercise- Act <b>1:00 TED Talk Discussion Group Cinema Room</b> 2:00 BINGO – Activity Room <b>5:30-7 KARAOKE Happy Hour</b> 7:00 Evening Movie: TBD</p>	<p>May is...</p> <p>Healthy Vision Month Jewish- American Heritage Month National Barbecue Month National Military Appreciation Month Women’s Health Care Month Birthstone: Emerald Flower: Lily of the Valley Colors: Yellow &amp; Red</p>	