

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2019

Let's Have a Good 2019 Year

9:00 Church Service **6**
 10:00 Daily Chronicle
 11:00 Exercise
 1:00 Movie Day
 2:00 Hydration & Snack
 3:00 Resident's Prepare Table for Meal
 6:00 Ball Toss & Snack

9:10 Exercise **7**
 10:00 Daily Chronicle
 11:00 Walk to Dine
 1:30 Bingo
 2:30 Hydration & Snack
 3:00 Resident's Prepare Table for Meal
 6:00 Tea & Snack

9:00 Exercise **8**
 9:30 Hydration
 10:00 Craft & Arts
 11:00 Walk to Dine
 2:00 Elvis Day w/ Movie
 3:00 Resident's Prepare Table for Meal
 6:00 Tea & Snack

9:00 Tai Chi w/ Jack **9**
 10:00 Flower Arranging w/ Aromatherapy
 11:00 Walk to Dine
 2:00 Cook Book Day & National Soup Day
 3:00 Resident's Prepare Table for Meal
 6:00 Ball Toss

9:00 Resident's Prepare for Lunch **10**
 10:00 Entertainment w/ Joel
 11:00 Walk to Dine
 1:00 DIY w/ ART
 2:00 Resident's Birthday Party
 3:00 Resident's Prepare for Meal
 6:00 Get Ready for Bed

9:30 Zumba **11**
 10:00 Sing a Long
 11:00 Walk to Dine
 1:00 Nail Care
 2:00 Ice Cream Social
 3:00 Resident's Prepare Table for Meal
 6:00 Movie & Tea with Snack

9:00 Hydration & Snack **12**
 9:30 Arts & Craft
 11:00 Walk to Dine
 2:00 Cooking Class w/ Hot Tea
 3:00 Resident's Prepare Table for Meal
 6:00 Nail Care

9:00 Church Service **13**
 10:00 Daily Chronicle
 11:00 Exercise
 1:00 Movie Day
 2:00 Hydration & Snack
 3:00 Resident's Prepare Table for Meal
 6:00 Ball Toss & Snack

9:10 Exercise **14**
 10:00 Daily Chronicle
 11:00 Walk to Dine
 1:30 Bingo
 2:30 Hydration & Snack
 3:00 Resident's Prepare Table for Meal
 6:00 Tea & Snack

9:00 Exercise **15**
 9:30 Hydration
 10:00 Arts & Craft
 11:00 Walk to Dine
 1:30 Move at the Palazzo
 3:00 Resident's Prepare Table for Meal
 6:00 Tea & Snack

9:00 Tai Chi w/ Jack **16**
 10:00 Flower Arranging w/ Aromatherapy
 11:00 Walk to Dine
 2:00 Sing A long Day
 3:00 Resident's Prepare Table for Meal
 6:00 Ball Toss

9:00 Resident's Prepare for Lunch **17**
 10:00 Entertainment w/ Joel
 11:00 Walk to Dine
 1:00 DIY w/ ART
 2:00 Hello Dolly Day w/ Movie
 3:00 Resident's Prepare for Meal
 6:00 Get Ready for Bed

9:30 Zumba **18**
 10:00 Sing a Long
 11:00 Walk to Dine
 1:00 Nail Care
 2:00 Surprise Friday
 2:00 Ice Cream Social
 3:00 Resident's Prepare Table for Meal
 6:00 Movie & Tea with Snack

9:00 Hydration & Snack **19**
 9:30 Arts & Craft
 11:00 Walk to Dine
 2:00 Cooking Class
 3:00 Resident's Prepare Table for Meal
 6:00 Nail Care

National Activities Week **20**
 9:00 Church Service
 10:00 Daily Chronicle
 11:00 Exercise
 1:00 Movie Day
 2:00 Hydration & Snack
 3:00 Resident's Prepare Table for Meal
 6:00 Ball Toss & Snack

9:10 Exercise **21**
 10:00 Daily Chronicle
 11:00 Walk to Dine
 1:30 Bingo
 2:30 Hydration & Snack
 3:00 Resident's Prepare Table for Meal
 6:00 Tea & Snack
 Martin Luther King Day
 Tu B'Shevat

9:00 Exercise **22**
 9:30 Hydration
 10:00 Craft & Arts
 11:00 Walk to Dine
 1:30 Give A Hug to Someone Day
 2:00 Cheese Lover's day
 6:00 Winter Land

9:00 Tai Chi w/ Jack **23**
 10:00 Flower Arranging w/ Aromatherapy
 11:00 Walk to Dine
 2:00 National Chocolate Day
 3:00 Resident's Prepare Table for Meal
 6:00 Ball Toss

9:00 Resident's Prepare for Lunch **24**
 10:00 Entertainment w/ Joel
 11:00 Walk to Dine
 1:00 DIY w/ ART
 2:00 Snack & Hydration
 3:00 Resident's Prepare for Meal
 6:00 Get Ready for Bed

9:30 Zumba **25**
 10:00 Sing a Long
 11:00 Walk to Dine
 1:00 Nail Care
 2:00 Ice Cream Social
 3:00 Resident's Prepare Table for Meal
 6:00 Movie & Tea with Snack

9:00 Hydration & Snack **26**
 9:30 Arts & Craft
 11:00 Walk to Dine
 2:00 National Pie Day
 2:30 Movie Day the 101 Dalmatians
 3:00 Resident's Prepare Table for Meal
 6:00 Nail Care

9:00 Church Service **27**
 10:00 Daily Chronicle
 11:00 Exercise
 1:00 Movie Day
 2:00 Hydration & Snack
 3:00 Resident's Prepare Table for Meal
 6:00 Ball Toss & Snack
 106B Mary K

9:10 Exercise **28**
 10:00 Daily Chronicle
 11:00 Walk to Dine
 1:30 Bingo
 2:30 Hydration & Snack
 3:00 Resident's Prepare Table for Meal
 6:00 Tea & Snack
 Australia Day (observed)

9:00 Exercise **29**
 9:30 Hydration
 10:00 Craft & Arts
 11:00 Walk to Dine
 2:00 Mad Hatter Day
 3:00 Resident's Prepare Table for Meal
 6:00 Tea & Snack

9:00 Tai Chi w/ Jack **30**
 10:00 Flower Arranging w/ Aromatherapy
 11:00 Walk to Dine
 1:30 Bingo w/ Snack
 3:00 Resident's Prepare Table for Meal
 6:00 Ball Toss

9:00 Resident's Prepare for Lunch **31**
 10:00 Entertainment w/ Joel
 11:00 Walk to Dine
 1:00 DIY w/ ART
 2:00 National Peanut Butter Day
 3:00 Resident's Prepare for Meal
 6:00 Get Ready for Bed

Our Birthday for January are:
113A Thi T and 106B Mary K
All Activities are Subject to Change