

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# March 2019

## The Palazzo Independent Living



<p><b>It's About TIME Day</b> 3</p> <p>8:30 Church Transportation –Ent 1 9:00 Palazzo Church Service-MPR 9:00 Coffee &amp; Chronicles - MS 10:30 Beading Class – Craft Room 1:00 BINGO – Activity Room 2:00 Music w/Jim Tharp – Act R 2:00 Depart: Mary Coyle's OI' Fashion Ice Cream – Entrance 1 3:00 Events from the 1920s –Act R</p>	<p><b>Grammar Day</b> 4</p> <p>9:30 Coffee &amp; Conversation – MS 10:00 Week at a Glance – Craft R 11:00 Tai-Chi/Massage – Act R 1:30 Spanish 101 w/Jan – MPR 2:00 Popcorn Monday – CIN R 3:00 Grammatically Correct Word Puzzle – Activity Room Humorous Grammar Rules –Act R 7:00 Evening Movie: TBD</p>	<p><b>8:00 Mardi Gras Free Resident Breakfast – Dining Room</b> 5</p> <p>9:00 Fit &amp; Fabulous w/Vickie -#3 10:00 Super Brain w/Lauren 11:00 Gardening Club Welcome-CR 1:00 Southwest Shakespeare Co. 2:30 BINGO – Activity Room 4:00-6 Diabetes Class - MPR 6:00 Concert Pianist Fred Moyer Cinema R <small>Mardi Gras</small></p>	<p>9:30 Painting w/Nancy – Craft R 9:30 Fitness w/Zoe – Activity R 10:00 Tech Savvy w/Abbie – Library 10:30 No-Bake Demo – Activity R 11:00 Chair Yoga w/Zoe – Act R 11:00 Depart: Smile on Seniors Violins of Hope – Meet in Lobby 1:00 Writers Group w/Sharon 1:00 Brit Comedy Doc-Cinema R 2:00 Political Talk w/Ruthanna</p>	<p><b>"Do Not Pass Go" Day</b> 7</p> <p>9:00 Coffee &amp; Conversation - MS 9:00 Fit &amp; Fabulous w/Vickie-Act R 10:00 Aqua Aerobics - Pool 10:00 "P3" ( Pictionary, Password Pyramid) Activity Room 11:00 Total Wellness Exercise-Act 1:00 Tai-Chi w/ Jack – Cinema R 2:00 BINGO – Activity Room 3:00 Monopoly Trivia – Activity R</p>	<p><b>Welcome to March Day</b> 1</p> <p>9:00 Coffee and Monthly Gazette - 9:30 Hot Bodies with Lauren 10:30 Discussion Group w/ Lauren 10:30 Chat w/ Rabbi Levi – CIN R 11:00 Zumba Dance – Activity R 11:30 Taste of Shabbat w/Nurit 1:00 Book Club with Carrie – CR 3:00 March IQ – Activity Room 7:00 Evening Movie: TBD</p>	<p><b>Chocolate and Cheese Day</b></p> <p>9:00 Coffee &amp; Chronicles 9:30 Depart: Beth EL – Ent 1 9:30 Depart: Adventist Worship 11:00 Outback Steakhouse –Ent 1 1:00 BINGO w/Jo Ann – Act R 2:00 Swiss Chocolate Mining Word Puzzle – Activity Room 3:00 UNO w/Cassie – Activity R 3:00&amp;7 Evening Movie - TBD</p>
<p><b>Chocolate Chip Cookie Week</b> 10</p> <p>8:30 Church Transportation –Ent 1 9:00 Palazzo Church Service 9:00 Coffee &amp; Chronicles – MS 10:30 The Ultimate Book of Useless Information &amp; Cookies – Activity R 1:00 BINGO – Activity Room 2:00 Music w/Carlotta – CIN R 2:00 Depart: Walmart – Ent 1 <small>Daylight Saving Time Begins</small></p>	<p><b>Pandemic of 1918</b> 11</p> <p>10:00 Week at a Glance – Craft R 10:30 Beading Class – Craft Room 11:00 Tai-Chi/Massage – Act R 12:00 Captain's Table – MPR 1:00 White Hat Meeting - CR 1:30 Spanish 101 w/Jan – MPR 2:00 Popcorn Monday – CIN R 3:00 How the 1918 Flu Pandemic Revolutionized Public Health- Act</p>	<p><b>Plant a Flower Day</b> 12</p> <p>9:00 Fit &amp; Fabulous w/Vickie – #3 10:00 Water Aerobics – Pool 10:00 Brain Games w/Lauren 11:00 Gardening Club – Craft R 1:00 Isaac &amp; Gil Speyer – CIN R 1:30 Town Hall – Dining Room Refreshments at 1:00 2:45 BINGO – Activity Room 4:00-6 Diabetes Class - MPR</p>	<p><b>Good Samaritan Day</b> 13</p> <p>9:30 Painting w/Nancy – Craft R 9:30 Fitness w/Zoe – Activity R 10:30 No-Bake Demo – Activity R 11:00 Chair Yoga w/Zoe – Act R 1:00 Writers Group w/Sharon-CR 1:00 Brit Comedy Doc-Cinema R 2:00 Palazzo Red Hat Meeting Game Time – Activity Room 3:00 UNO – Craft Room</p>	<p><b>International Ask a Question Day</b> 14</p> <p>9:00 Coffee &amp; Conversation - MS 9:00 Fit &amp; Fabulous w/Vickie-Act R 10:00 Aqua Aerobics – Pool 10:00 "P3" ( Pictionary, Password, Pyramid) Activity Room 11:00 Total Wellness Exercise-Act 1:00 Tai-Chi w/Jack – Cinema R 2:00 BINGO – Activity Room</p>	<p><b>Godfather Film Anniversary</b> 15</p> <p>9:00 Coffee &amp; Chronicle - MS 9:30 Hot Bodies w/Lauren – Act R 10:30 Discussion Group w/Lauren 11:00 Site Council – Craft Room 11:00 Zumba Dance – Activity R 11:30 Taste of Shabbat w/Nurit 1:00 Current Events w/Leisah 4:15 Depart: Chabad Dinner Meet in Lobby</p>	<p><b>Wear Any Color But Green Day</b> 16</p> <p>9:00 Coffee &amp; Chronicles - MS 9:30 Depart: Beth EL – Ent 1 9:30 Depart: Adventist Worship 11:00 Depart: Texas Roadhouse 1:00 BINGO w/Jo Ann – Act R 2:00 Beautiful Switzerland – Act R 3:00 UNO w/Cassie – Activity R 4:00 Everything Swiss Trivia-Act R 3:00&amp;7 Evening Movie - TBD</p>
<p><b>Corned Beef and Cabbage Day</b> 17</p> <p>8:30 Church Transportation –Ent 9:00 Palazzo Church Service 10:30 Beading Class – Craft Room 11:00-2 St Patrick's Day Champagne Brunch – Dining R 1:00 BINGO – Activity Room 2:00 Music w/Dave Swain – CIN 2:00 Depart: Walgreens – Ent 1 <small>St. Patrick's Day</small></p>	<p><b>All Hail the Queen Day</b> 18</p> <p>9:30 Coffee &amp; Conversation – MS 10:00 Week at a Glance – Craft R 10:30-12 Artsy Smartsy - \$15.00 Must sign up in Activity Book 11:00 Tai-Chi/Massage – CIN R 12:00 March Birthday Luncheon 1:30 Spanish 101 w/Jan – MPR 2:30 Popcorn Monday – CIN R 3:30 Who Am I – Activity Room</p>	<p>9:30 Fit &amp; Fabulous w/Vickie-#3 10:00 "Are You Smarter than a 5th Grader?" – Activity Room 11:00 Gardening Club – Craft R 11:00 Depart: Herberger Lunch Theater- Meet in Lobby 1:00 AZ Jewish Historical Soc. 2:30 BINGO – Activity Room 4:00-6 Diabetes Class – MPR 6:00 Red Hat's Sip &amp; Paint-Act R</p>	<p><b>Spring Equinox</b> 20</p> <p>9:30 Painting w/Nancy – Craft R 9:30 Fitness Fun w/Zoe – Act R 10:30 No-Bake Demo – Activity R 11:00 Chair Yoga w/Zoe – Act R 11:00 Tech Help w/Abbie - Library 1:00 Writers Group w/Sharon-CR 1:00 Brit Comedy Doc-Cinema R 2:00 Political Talk w/Ruthanna 3:00 UNO – Craft Room</p>	<p><b>Julio Gallo Day</b> 21</p> <p>9:00 Fit &amp; Fabulous w/Vickie-Act R 9:45 Depart: Smile on Seniors-Purim Extravaganza – Sign up JFCS Office – Meet in Lobby 10:00 Phoenix Art Museum-CIN 11:00 Total Wellness Exercise-Act 1:00 Tai-chi w/Jack – Cinema R 2:00 BINGO – Activity Room 5:30-7 KARAOKE – Activity R</p>	<p><b>Goof-Off Day</b> 22</p> <p>9:00 Coffee &amp; Chronicles – MS 9:30 Hot Bodies w/Lauren – Act R 10:30 Discussion Group w/Lauren 11:00 Shake Your Grogger.. It's Purim (and Shabbat) – CIN 1:00 Musical Bingo w/Debbie 3:00 Slide into Spring Word Search – Activity Room 7:00 Evening Movie - TBD</p>	<p><b>World Meteorological Organization Day</b> 23</p> <p>9:00 Coffee &amp; Chronicles - MS 9:30 Depart: Beth EL – Ent 1 9:30 Depart: Adventist Worship 11:00 Garcia's Mexican – Ent 1 1:00 BINGO w/Jo Ann – Act R 2:00 Star of the Month – Ann Margret – Activity Room 3:00 UNO w/Cassie – Act R</p>
<p><b>Crazy About Crafts Day</b> 24</p> <p>8:30 Church Transportation –Ent 9:00 Palazzo Church Service 9:00 Coffee &amp; Chronicles – MS 10:30 Easy Does It Random Trivia – Activity Room 1:00 BINGO – Activity Room 2:00 Fun Craft w/Eric – Act R 2:00 Depart: Target – Ent 1 3:00 Mixed-Up Crafting – Act R</p>	<p><b>Greek Independence Day</b> 25</p> <p>10:00 Week at a Glance – Craft R 10:00 Depart: Lone Butte Casino Meet in the Lobby 10:30 What's Cookin in the Slow Cooker? Creamy Celery Soup 11:00 Tai-Chi/Massage – Act R 1:30 Spanish 101 w/Jan – MPR 2:00 Popcorn Monday – CIN R 3:00 Funny Limerick Word Search</p>	<p><b>Make Up Your Own Holiday</b> 26</p> <p>9:30 Fit &amp; Fabulous w/Vickie - #3 10:00 Water Aerobics – Pool 10:00 Super Brain w/Lauren 11:00 Gardening Club – Craft R 1:00 The Sunshine Singers – Activity Room 2:30 BINGO – Activity Room 3:30 Discuss &amp; Recall: Follow the Money- Activity R</p>	<p><b>Swiss National Hero of Liberty</b> 27</p> <p>9:30 Painting w/Nancy – CIN 9:30 Fitness w/Zoe – Activity R 10:30 No-Bake Demo – Activity R 11:00 Chair Yoga w/Zoe – Act R 1:00 Writers Group – Craft R 1:00 Brit Comedy Doc-Cinema R 1:00 Employee of the Month 2:30 Who Am I – Activity Room 3:00 UNO – Craft Room</p>	<p><b>Baseball's Official Opening</b> 28</p> <p>9:00 Fit &amp; Fabulous w/Vickie-Act R 10:00 Aqua Aerobics – Pool 10:00 "P3" ( Pictionary, Password, Pyramid) – Activity Room 11:00 Total Wellness Exercise-Act 12:00 JFCS Lunch-Greek 2:00 BINGO – Activity Room 1:00 Tai Chi w/Jack – Cinema R 7:00 Gourmet Dining - MPR</p>	<p><b>Pearl Bailey Day</b> 29</p> <p>9:00 Coffee &amp; Chronicles – MS 9:30 Hot Bodies w/Lauren – Act R 10:30 Discussion Group w/Lauren 11:00 Zumba Dance – Activity R 11:30 Taste of Shabbat w/Nurit 1:00 Scottsdale Museum of The West – Cinema Room 1:30 Pottery Class - \$25.00 Sign up in Activity Room</p>	<p><b>Earth Hour Lights Out Event</b> 30</p> <p>9:00 Coffee &amp; Chronicles - MS 9:30 Depart: Beth EL – Ent 1 9:30 Depart: Adventist Worship 11:00 Depart: Freddy's Frozen Custard &amp; Steakburgers – Ent 1 1:00 BINGO w/Jo Ann – Act R 3:00 UNO w/Cassie – Act R 3:00&amp;7 Evening Movie: An Inconvenient Truth</p>
<p><b>Bunsen Burner Day</b> 31</p> <p>8:30 Church Transportation –Ent 9:00 Palazzo Church Service 9:00 Coffee &amp; Chronicles – MS 10:30 Beading Class – Craft R 1:00 BINGO – Activity Room 2:00 Show &amp; Tell: Bring in an Item to Share/ Story – Activity R 2:00 Depart: Michael's-Ent 1 3:00&amp;7 Evening Movie - TBD</p>						