

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# December 2018

## The Palazzo Independent Living

Welcome to December day 1  
 9:00 Coffee & Current Events  
 9:00 Water Aerobics -Pool  
 9:30 Depart Beth El- Ent 1  
 10:30 Line Dance- Activity Room  
 10:30 Depart: Michael's -Ent 1  
 1:00 Bingo- Activity Room  
 3:00 Uno- Craft Room  
 3&7pm Evening Movie - TBD

**Christmas Tree Week Begins 2**  
 8:30 Church Transportation – Ent 1  
 9:00 Coffee & Monthly Gazette-MS  
 9:00 The Palazzo Church Service  
 10:00 Morning Walk- Resident Led  
 11:00 AZ Cardinals vs Packers  
 1:00 Bingo – Activity Room  
 2:00 Music on Main Street  
 2:00 Depart: Costco's- Ent 1

**Cookie Exchange week 3**  
 9:30 Week at a Time Review  
 10:00 Fit & Fun with Angela- AL #3  
 10:30 Beading Class – Craft R  
 11:00 Tai-Chi/Chair Massage- Act  
 11:30 Monday Popcorn- MS  
 1:30 Spanish 101 W. Jan  
 2:00 White Hat Meeting- MPR  
 7:00 Evening Movie TBA  
 First Day of Hanukkah

**Naughty or Nice Day 4**  
 9:00 Fit & Free with Vickie  
 10:00 Super Brain with Lauren  
 10:15 Aqua Exercise with Vickie  
 11:00 Ballet Arizona  
 11:00 Yiddish Club w. Arnie  
 1:00 I speak. You speak. We all speak Shakespeare.  
 1-3pm IT With Abbi- Library  
 2:30 BINGO- Activity Room

**International Volunteer Day 5**  
 9:30 Painting with Nancy  
 9:30 Fitness fun with Zoe  
 10:30 No- Bake Demo/Recipes  
 11:00 Chair Yoga with Zoe  
 12:00 JFCS Hanukkah Lunch  
 1:00 Writer's Group with Sharon  
 1:00 "Thanksgiving" Palazzo Reds  
 1:00 Afternoon Chair Exercise with Katie  
 2:00 Hanukkah/ Holiday Music

**Christmas Tree Lighting Ceremony 6**  
 9:00 Fit & Free with Vickie  
 9:30 Mahj Meetup  
 9:30 Beth El: Memory Café  
 10:00 "P3" (Pictionary, Password, Pyramid)  
 11:00 Total Wellness Exercise w/ Lauren  
 11:15 DIY Craft w/ Eryn  
 11:00 Sunshine Sewing w/ Barbra  
 1:00 Tai Chi with Jack  
 2:00 Bingo  
 5:30 Karaoke

**Pearl Harbor Day 7**  
 9:30 Hot Bodies with Lauren  
 10:00 Zumba w/ Paula – AL #3  
 10:30 Discussion group w. Lauren  
 11:00 Spinning Shabbat w. Seniors  
 11:30 Card Making with Judy  
 1:00 Sun City Poms Performance  
 7:00 Evening Movie TBA

**Gingerbread House Decoration Day 8**  
 9:00 Coffee & Current Events  
 9:00 Water Aerobics -Pool  
 9:30 Depart Beth El- Ent 1  
 10:30 Line Dance- Activity Room  
 11:00 Depart: Applebee's –Ent 1  
 1:00 Bingo- Activity Room  
 2:00 Holiday Boutique with Lyn  
 3:00 Uno- Craft Room  
 3&7pm Evening Movie - TBD

**Worldwide Candle Lighting Day 9**  
 8:30 Church Transportation – Ent 1  
 9:00 Coffee & Monthly Gazette-MS  
 9:00 The Palazzo Church Service  
 10:00 Morning Walk- Resident Led  
 1:00 Bingo – Activity Room  
 2:00 Music on Main Street  
 2:00 Depart: Walgreens - Ent 1  
 2:25 AZ Cardinals vs Lions  
 7:00 Evening Movie - TBA

**Emily Dickinson Day 10**  
 9:30 Week at a Time Review  
 10:00 Fit & Fun with Angela- AL #3  
 10:00 Depart: Talking Stick Casino – Meet in Lobby  
 10:30-12 Artsy Smartsy – Act  
 12:30 Captains Table -MPR  
 11:00 Tai-Chi/Chair Massage- Act  
 1:30 Spanish 101 W. Jan  
 2:00 Blood Pressure Clinic -Cin

**Let It Snow Day 11**  
 9:00 Fit & Free with Vickie  
 9:30 Chat with the Rabbi  
 10:00 Are you smarter than a 5<sup>th</sup> grader?  
 10:15 Aqua Exercise with Vickie  
 11:00 Ballet Arizona  
 11:00 Yiddish Club w. Arnie  
 1:00 I speak. You speak. We all speak Shakespeare.  
 2:30 BINGO- Activity Room

**Our Lady of Guadalupe Day 12**  
 9:30 Painting with Nancy  
 9:30 Fitness fun with Zoe  
 10:30 No- Bake Demo/Recipes  
 11:00 Chair Yoga with Zoe  
 1:00 Writer's Group with Sharon  
 1:00 Afternoon Chair Exercise with Katie  
 2:00 Italian Club with Arnie

**Cocoa Day 13**  
 9:00 Fit & Free with Vickie  
 9:30 Mahj Meetup  
 10:00 "P3" (Pictionary, Password, Pyramid)  
 11:00 Total Wellness Exercise w/ Lauren  
 11:15 DIY Craft w/ Eryn –next week  
 11:00 Sunshine Sewing w/ Barbra  
 1:00 Tai Chi with Jack  
 2:00 Bingo

**Deck the Halls Day 14**  
 9:30 Hot Bodies with Lauren  
 10:00 Zumba w/ Paula – AL #3  
 10:30 Discussion group w. Lauren  
 11:00 Zumba Dance Exercise  
 11-2 Tech Savvy w. Abbie  
 11:30 Taste of Shabbat  
 1:00 Let's Talk with Bill  
 4:15 Depart Promptly: Chabad Dinner  
 7:00 Evening Movie TBA

**Vanilla Fudge Day 15**  
 9:00 Coffee & Current Events  
 9:00 Water Aerobics -Pool  
 9:30 Depart Beth El- Ent 1  
 10:30 Line Dance- Activity Room  
 11:00 Depart Denny's – Entr 1  
 1:00 Bingo- Activity Room  
 1-3pm Pictures with Santa  
 3:00 Uno- Craft Room  
 3&7pm Evening Movie - TBD

**Las Posadas Begins 16**  
 8:30 Church Transportation – Ent 1  
 9:00 Coffee & Monthly Gazette-MS  
 9:00 The Palazzo Church Service  
 10:00 Morning Walk- Resident Led  
 11:00 AZ Cardinals vs Falcons  
 1:00 Bingo – Activity Room  
 2:00 Music on Main Street  
 2:00 Depart: Walmart - Ent 1  
 7:00 Evening Movie - TBA

**January 2019 Calendar Planning 17**  
 9:30 Week at a Time Review  
 10:00 Fit & Fun with Angela- AL #3  
 11:00 Tai-Chi/Chair Massage- Act  
 10:30 Gift Of Nutrition -Act  
 12:00 December Birthday MPR  
 1:30 Spanish 101 W. Jan  
 2:00 White Hat Meeting- MPR  
 6-8pm Outing to see the Lights- Lobby

**18**  
 9:00 Fit & Free with Vickie  
 10:00 Super Brain with Lauren  
 10:15 Aqua Exercise with Vickie  
 11:00 Ballet Arizona  
 11:00 Yiddish Club w. Arnie  
 1:00 I speak. You speak. We all speak Shakespeare.  
 1:00 Holiday Gift Wrapping \$1.00  
 2:30 BINGO- Activity Room  
 6-8pm Outing to see the Lights- Lobby

**Last Day to Pick A Tree 19**  
 9:30 Painting with Nancy  
 10:30 Sock OP W. DJ John Urzi  
 1:00 Writer's Group with Sharon  
 1:00 Afternoon Chair Exercise with Katie  
 2:00 Holiday Entertainment w. Val & Anthony  
 2:00 Political Discussion w. Ruthanna  
 7:00 Evening Movie TBA

**Gift Wrapping Day 20**  
 9:00 Fit & Free with Vickie  
 9:30 Mahj Meetup  
 10:00 Phoenix Art Museum  
 11:00 Total Wellness Exercise w/ Lauren  
 11:15 DIY Craft w/ Eryn  
 11:00 Sunshine Sewing w/ Barbra  
 1:00 Tai Chi with Jack  
 2:00 Bingo  
 5:30 Karaoke Night

**Ugly Sweater Day 21**  
 9:30 Hot Bodies with Lauren  
 10:00 Zumba w/ Paula – AL #3  
 10:30 Discussion group w. Lauren  
 11:00 Zumba Dance Exercise Returns 2019  
 11-2 Tech Savvy w. Abbie  
 11:30 Taste of Shabbat  
 1:00 Piano w. Claudia  
 Winter Begins

**Scents of the Season Day 22**  
 9:00 Coffee & Current Events  
 9:00 Water Aerobics -Pool  
 9:30 Depart Beth El- Ent 1  
 10:30 Line Dance- Activity Room  
 11:00 Depart: Olive Garden –Ent 1  
 1:00 Bingo- Activity Room  
 3:00 Uno- Craft Room  
 3&7pm Evening Movie - TBD

**"Twas the Night Before Christmas" 23**  
 8:30 Church Transportation – Ent 1  
 9:00 Coffee & Monthly Gazette-MS  
 9:00 The Palazzo Church Service  
 10:00 Morning Walk- Resident Led  
 11:00-2 Holiday Champagne Brunch  
 1:00 Bingo – Activity Room  
 2:00 Music on Main Street  
 2:00 Depart: TARGET- Ent 1  
 2:03 AZ Cardinals vs Rams  
 7:00 Evening Movie - TBA

**Last Minute Shopper's Day 24**  
 9:30 Week at a Time Review  
 10:00 Fit & Fun with Angela returns next year - AL #3  
 10:30 Beading Class – Craft R  
 11:00 Tai-Chi/Chair Massage- Act  
 11:30 Monday Popcorn- MS  
 1:30 Spanish 101 W. Jan  
 2:00 White Hat Meeting- MPR  
 7:00 Evening Movie TBA

**Merry Christmas! 25**  
 9:30 Hot chocolate & The Macy's Christmas Parade  
 11-2 Christmas Brunch with Live Music  
 7:00 Evening Movie White Christmas  
 Christmas Day

**Winter Wonderland Wednesday 26**  
 9:30 Painting with Nancy  
 9:30 Fitness fun with Zoe  
 10:30 No- Bake Demo/Recipes  
 11:00 Chair Yoga with Zoe  
 1:00 Writer's Group with Sharon  
 1:00 Afternoon Chair Exercise with Katie  
 1:30 Ice cream & Cake time  
 Kwanzaa Begins

**27**  
 9:00 Fit & Free with Vickie  
 9:30 Mahj Meetup  
 10:00 "P3" (Pictionary, Password, Pyramid)  
 10:00 Depart: Desert Diamond Casino – Entrance 1  
 11:00 Total Wellness Exercise w/ Lauren  
 11:15 DIY Craft w/ Eryn  
 11:00 Sunshine Sewing w/ Barbra  
 1:00 Tai Chi with Jack  
 2:00 Bingo  
 7:00 Gourmet Dinner with resume 2019

**"Stars & Stripes 4ever day" 28**  
 9:30 Hot Bodies with Lauren  
 10:00 Zumba w/ Paula – AL #3  
 10:30 Discussion group w. Lauren  
 11:00 Zumba Dance Exercise Returns 2019  
 11-2 Tech Savvy w. Abbie  
 11:30 Taste of Shabbat  
 1:00 Book Club with Carrie  
 2:00 Pottery Class

**Orange Bowl Day 29**  
 9:00 Coffee & Current Events  
 9:00 Water Aerobics -Pool  
 9:30 Depart Beth El- Ent 1  
 10:30 Line Dance- Activity Room  
 11:00 Depart: Great Wall Cuisine  
 1:00 Bingo- Activity Room  
 3:00 Uno- Craft Room  
 3&7pm Evening Movie - TBD

**Have a Cup of Coffee Day 30**  
 8:30 Church Transportation – Ent 1  
 9:00 Coffee & Monthly Gazette-MS  
 9:00 The Palazzo Church Service  
 10:00 Morning Walk- Resident Led  
 1:00 Bingo – Activity Room  
 2:00 Music on Main Street  
 2:00 Depart: Dollar Store - Ent 1  
 2:25 AZ Cardinals vs Seahawks  
 7:00 Evening Movie - TBA

**Year in Review Day 31**  
 9:30 Week at a Time Review  
 10:00 Fit & Fun with Angela- AL #3  
 11:00 Tai-Chi/Chair Massage- Act  
 11:30 Monday Popcorn- MS  
 1:30 Spanish 101 W. Jan  
 5-7pm New Year's Eve Bash  
 DMG Entertainment  
 7:00 Evening Movie TBA  
 New Year's Eve

ACT – Activity Room CHP – Chapel  
 MPR – Multi Purpose Room LIB – Library  
 LN – Lawn TBA – To be Announced  
 DR – Dining Room

CIN – Cinema Room ALC – JFCS Alcove  
 CAF – Café MS – Main Street  
 DRPT- Dining Room Patio TBD – To be Determined  
 CR – Craft Room