

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

The Palazzo Independent Living

<p>Super Bowl Sunday 3</p> <p>8:30 Church Transportation-Ent 1 9:00 Palazzo Church Service-Multi-Purpose Room 10:30 What is the Super Bowl? 1:00 BINGO – Activity Room 2:00 Music w/Jim Tharp – Act R 2:00 Depart: Walgreens – Ent 1 3:30 Pre Super Bowl Gathering Craft Room and Cinema Room 4:30 Super Bowl Kick-off – CIN 4:30 Super Bowl Crossword</p>	<p>Make-Believe Monday 4</p> <p>9:30 Coffee & Chronicles – MS 10:00 Week at a Glance – Craft R 10:30 Valentine Card Making With Judy – Activity Room 11:00 Tai-Chi/Massage – Cinema R Sheri Barile – Spite Tears – Act R 1:30 Spanish 101 w/Jan – MPR 2:00 Popcorn Monday – CIN 3:30 Tales Categories Puzzle And Fabled Headlines Puzzle-Act</p>	<p>Chinese New Year Begins 5</p> <p>9:00 Fit & Fabulous w/Vickie-#3 10:00 Super Brain w/Lauren Keeping Food Safe – Activity R 10:30 Menu Chat – Dining Area 11:00 Yiddish Club w/Arnie – CIN 1:00 I Speak, You Speak, We All Speak Shakespeare - CIN 1:30 Intro to Diabetes Class- Act 2:30 BINGO – Activity Room 3:30 Chinese New Year Puzzles <small>Chinese New Year</small></p>	<p>Home Run Day 6</p> <p>9:30 Panting w/Nancy – Craft R 9:30 Fitness Fun w/Zoe – Act R 10:30 No-Bake Demo – Act R 11:00 Chair Yoga w/Zoe – Act R 1:00 Writers Group w/Sharon-CR 2:00 Political Talk w/Ruthanna-Cin 1:00 Mobile Valley Physicians Ice Cream Social – AL North 3:00 UNO – Craft Room 7:00 Evening Movie: TBD</p>	<p>Borrow a Book Day 7</p> <p>9:00 Coffee & Conversation - Act 9:00 Fit & Fabulous w/Vickie -#3 9:30 Depart: Memory Café Sing a Long w/ Michael – Lobby 10:00 “P3” (Pictionary, Password, Pyramid) – Activity Room 11:00 Total Wellness Exercise With Lauren – Activity Room 1:00 Tai Chi with Jack – CIN 2:00 BINGO – Activity Room 3:00 Mixed up Books Puzzle-Act</p>	<p>Laugh and Grow Rich Day 8</p> <p>9:00 Coffee & Conversation 9:30 Hot Bodies with Lauren – Activity Room 10:30 Discussion Group with Lauren – Activity Room 11:00 Zumba with Michelle – Act R 11:30 Taste of Shabbat with Nurit-Cinema Room 1:00 Let’s Talk with Bill – CIN 3:00 Food Service Fun Word Puzzle – Activity Room</p>	<p>Groundhog Day 2</p> <p>9:00 Coffee & Chronicles – MS 9:30 Depart: Beth EL – Ent 1 9:30 Depart: Adventist Worship 11:00 Depart: Scott’s Generations Deli – Entrance 1 1:00 BINGO with JoAnn – Act 3:00 UNO – Activity Room 4:00 Well Grounded- The Story of Groundhog Day – Activity R 3:00&7 Movie: Groundhog Day <small>Groundhog Day</small></p>
<p>Random Acts of Kindness 10</p> <p>8:30 Church Transportation-Ent 1 9:00 Palazzo Church Service-Multi-Purpose Room 9:30 Coffee & Chronicles – MS 10:00 Morning Walk w/Kelly - LOB 10:30 Valentine Craft with Eric 11:00-2 Champagne Brunch-Din 1:00 BINGO – Activity Room 2:00 Music with Carlotta – CIN R 2:00 Depart: Walmart – Ent 1</p>	<p>Freelance Writer’s Appreciation Week 1</p> <p>9:30 Coffee & Chronicles – MS 10:00 Week at a Glance – Craft R 10:30-12:00 Artsy Smartys 11:00 Tai-chi /Massage – Cinema R 1:00 White Hats Meeting – CR 1:30 A Short Story: Swiss Steak and Hobo Stew – Activity Room 1:30 Spanish 101 w/Jan - MPR 2:30 Popcorn Monday - CIN 3:30 Cranium Crunches – Act R</p>	<p>Abe Day 12</p> <p>9:00 Fit & Fabulous w/Vickie #3 10:00 Brain Games w/Lauren - Act 10:30 Menu Chat – Dining Area 11:00 Ballet Arizona – Activity R 11:00 Yiddish Club w/Arnie- CIN 12:00 Captain’s Table – Dining 1:00 Hall of Flame Fire Museum – Cinema Room 1:00-3 One Source Podiatry 2:30 BINGO – Activity Room 4:00-6 Diabetes Class – MPR</p>	<p>Madly in Love with Me Day 13</p> <p>9:30 Painting w/Nancy – Craft R 9:30 Fitness Fun w/Zoe – Act R 10:00 Tech Savvy w/Abbie - LIB 10:30 No-Bake Demo – Act R 11:00 Chair Yoga w/Zoe – Act R 1:00 Afternoon Chair Exercise-Act 2:00 Palazzo Red Hat Meeting 3:00 UNO – Craft Room 4:00 What do You Love about Yourself? – Activity Room 7:00 Evening Movie: TBD</p>	<p>Happy Valentine’s Day 14</p> <p>9:00 Coffee & Conversation - Act 9:00 Fit & Fabulous w/Vickie -#3 9:30 Ballet Arizona Presents: The Fire Bird/La Sylphide – Act R 10:00 “P3” (Pictionary, Password, Pyramid) – Activity Room 11:00 Total Wellness Exercise 1:00 Tai Chi with Jack – CIN 2:00 BINGO – Activity Room 3:00-5 Valentine’s Dinner with Live Entertainment - Dining <small>Valentine’s Day</small></p>	<p>Fact or Fantasy Friday 15</p> <p>9:00 Coffee & Conversation 9:30 Hot Bodies w/Lauren – Act R 10:30 Discussion Group w/Lauren 11:00 Zumba with Michelle – Act 11:30 Taste of Shabbat w/Nurit 1:00 Personal Artifact from Junk With Shari Keith – Cinema R 3:00 The Grimm Brothers Fairy Tales Trivia – Activity Room 4:15 Depart: Chabad Dinner Meet in the Lobby</p>	<p>Snack Food Saturday 16</p> <p>9:00 Coffee & Chronicles – MS 9:30 Depart: Beth EL – Ent 1 9:30 Depart: Adventist Worship 10:30 PV Mall & Chompies –Ent 1 1:00 BINGO with JoAnn – Act 2:00 Surprising Facts about Your Favorite Snack Food-Act 3:00 UNO – Activity Room 4:00 Wonderful Whales Crossword – Activity Room 3:00&7 Evening Movie: TBD</p>
<p>NBA All-Star Game 17</p> <p>8:30 Church Transportation-Ent 1 9:00 Palazzo Church Service- 9:30 Coffee & Chronicles – MS 10:00 Depart: Jewish Film Festival: Broadway Musicals: 10:30 Beading – Craft Room 1:00 BINGO – Activity Room 2:00 Basketball Facts – Act R 2:00 Music w/Dave Swain-CIN 2:00 Depart: Goodwill – Ent 1 3:00 Through the Hoop WP – Act</p>	<p>Wear Red, White & Blue for Presidents Day 18</p> <p>9:30 Coffee & Chronicles – MS 10:00 Week at a Glance – Craft R 11:00 Tai-Chi/Massage – Act R 12:00 February Birthday Luncheon – Multi-Purpose Room 1:30 Spanish 101 w/Jan – MPR 2:30 Popcorn Monday - CIN 3:00 Presidential Trivia – CIN 4:00 Not-So- Presidential Code Names Presidents’ Day (US)</p>	<p>First Ladies Day 19</p> <p>9:00 Fit & Fabulous w/Vickie-#3 10:00 “Are You Smarter than a 5th Grader?” – Activity Room 11:00 Ballet AZ – Final – Act R 10:30 Menu Chat – Dining Area 11:00 Yiddish Club w/Arnie – CIN 1:00 AZ Jewish Hist. Society- CIN 2:30 BINGO – Activity Room 3:30 10 Inspirational Quotes by our U.S. First Ladies - Act 4:00-6 Diabetes Class – MPR</p>	<p>Sidney Poitier Day 20</p> <p>9:30 Painting w/Nancy – Craft R 9:30 Fitness Fun w/Zoe – Act R 10:30 No-Bake Demo – Act R 11:00 Chair Yoga w/Zoe – Act R 1:00 Writers Group w/Sharon-CR 1:00 Afternoon Chair Exercise-Act 2:00 Political Talk w/Ruthanna 2:00 Interesting Fact about Sidney Poitier – Activity R 3:00 UNO – Craft Room 7:00 Evening Movie - TBD</p>	<p>Erma Bombeck Day 21</p> <p>9:00 Coffee & Conversation - Act 9:00 Fit & Fabulous w/Vickie -#3 10:00 Phoenix Art Museum - CIN 11:00 Total Wellness Exercise with Lauren – Activity Room 1:00 Tai Chi w/Jack – Cinema R 2:00 Violin with Julian Okah – 2:00 BINGO – Activity Room 3:00 The Moral of the Story: Fables & Folktales – Activity Room 5:30-7 KARAOKE Night – Act R</p>	<p>Washington’s Birthday 22</p> <p>9:00 Coffee & Conversation 9:30 Hot Bodies w/Lauren – Act R 10:30 Discussion Group w/Lauren 11:00 Site Council – Cinema Room 11:00 Zumba with Michelle – Act 11:30 Taste of Shabbat w/Nurit 1:00 An Intimate Interview with James Audubon – Cinema R 4:00 George Washington Message – Activity Room 7:00 Evening Movie: TBD</p>	<p>Safari Day 23</p> <p>9:00 Coffee & Chronicles – MS 9:30 Depart: Beth EL – Ent 1 9:30 Depart: Adventist Worship 11:00 Depart: Olive Garden-Ent 1 1:00 BINGO with JoAnn – Act 2:00 Girl Scout Cookies and Reminisce – Activity Room 3:00 UNO – Activity Room 4:00 Awesome Animals & Mixed Up Safari Puzzles – Act 3:00&7 Evening Movie - TBD</p>
<p>Red Carpet Day or Oscar Day 24</p> <p>8:30 Church Transportation-Ent 1 9:00 Palazzo Church Service-MPR 9:30 Coffee & Chronicles – MS 10:30 Morning Walk Res. Led – 1:00 BINGO – Activity Room 2:00 Depart: Target – Ent 1 2:00 Music by Paper Moon - 4 Piece Band – Activity Room 3:00 Star of the Month –Hal Holbrook – Activity Room 4:00 Academy Award Puzzle</p>	<p>Life Is Just a Bowl of Cherries Day 25</p> <p>9:30 Coffee & Chronicles – MS 10:00 Week at a Glance – Craft R 10:00 Depart: Talking Stick Casino – Meet in the Lobby 10:30 Beading Class – Craft R 11:00 Tai-Chi/Massage – Act R 1:00 White Hat Meeting – CR 1:30 Spanish 101 w/Jan- MPR 2:00 Popcorn Monday – CIN 3:00 UNO – Craft Room</p>	<p>Friend Forever Day 26</p> <p>9:00 Fit & Fabulous w/Vickie-#3 10:00 Super Brain w/Lauren – Act R 10:30 Menu Chat – Dining Area 11:00 Japanese Friendship Garden – Craft Room 11:00 Yiddish Club w/Arnie-CIN 1:00 History & Aircraft of Arizona, Falcon Field - CIN 2:30 BINGO – Activity Room 3:00 Friendship Movie Puzzle 4:00-6 Diabetes Class – MPR</p>	<p>Marian Anderson Day 27</p> <p>9:30 Painting w/Nancy – Craft R 9:30 Fitness Fun w/Zoe – Act R 10:30 No-Bake Demo – Act R 11:00 Chair Yoga w/Zoe – Act R 12:00 Chinese Lunch – Activity R 1:00 Writers Group w/Sharon-CR 1:00 Afternoon Chair Exercise-Cin 1:30 Employee of the Month Ice Cream Social – TBD 2:30 Fun Facts on Marian Anderson – Activity Room</p>	<p>Bernadette Peters Birthday 28</p> <p>9:00 Coffee & Conversation - Act 9:00 Fit & Fabulous w/Vickie -#3 10:00 “P3” (Pictionary, Password, Pyramid) – Cinema Room Today 11:00 Depart: Brass Armadillo Antique Mall – Meet in the Lobby 11:00 Chinese Dance and Calligraphy/Painting – Act R 1:00 Tai Chi w/Jack – Cinema R 2:00 BINGO – Activity Room 7:00 Gourmet Dining - MPR</p>	<p>*All Activities are subject to change</p>	