

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2019

This Month Birthstone is Amethyst and the Flower is Violet

Quote of the Month: THE BEST WAY TO CHEER YOURSELF IS TO TRY TO CHEER SOMEBODY ELES UP.

BLACK HISTORY MONTH

*Happy Valentine's*

					<p>9:30 Zumba 10:00 Beauty &amp; Grooming 11:00 Walk to Dine 1:00 Nails 2:00 Ice cream Social 3:00 Resident's Prepare Table for Meal 6:00 Movie &amp; Tea w/ Snack</p>	<p>9:00 Snack &amp; Hydration 9:30 Exercise 11:00 Walk to Dine 1:30 Snack 2:00 Groundhog Day Movie 2:30 Entertainment 3:00 Resident's Prepare For Meal 6:00 Nail Care <small>Groundhog Day</small></p>
<p>9:00 Church Service 10:00 Daily Chronicle 10:00 Exercise 1:00 Movie Matinee 2:00 Hydration &amp; Snack 3:00 Resident's Prepare Table for Meal 6:00 Ball Toss &amp; Snack <b>Super Bowl Game</b></p>	<p>9:15 Exercise 10:00 Daily Chronicle 11:00 Walk to Dine 1:30 Bingo 2:30 Hydration &amp; Snack 3:00 Resident's Prepare Table for Meal 6:00 Tea &amp; Snack <b>FOOD SERVICE WEEK 2/4-2/8</b></p>	<p>9:00 Exercise 9:30 Hydration 10:00 Arts &amp; Craft 11:00 Walk to Dine 2:00 Hand Massage 3:00 Resident's Prepare Table for Meal 6:00 Tea &amp; Snack <small>Chinese New Year</small></p>	<p>9:00 Tai Chi w/ Jack 10:00 Flower Arranging w/ Aromatherapy 11:00 Walk to Dine 2:00 Craft 3:00 Resident's Prepare table for Meal 6:00 Ball Toss</p>	<p>9:00 Resident's Prepare for Lunch 10:00 Entertainment w/Joel 11:00 Walk to Dine 1:00 DIY w/ART 2:00 Snack &amp; Hydration 3:00 Resident's Prepare For Meal 6:00 Get Ready for Bed</p>	<p>9:30 Zumba 10:00 Beauty &amp; Grooming 11:00 Walk to Dine 1:00 Nails 2:00 Ice cream Social 3:00 Resident's Prepare Table for Meal 6:00 Movie &amp; Tea w/ Snack</p>	<p>9:00 Snack &amp; Hydration 9:30 Exercise 11:00 Walk to Dine 2:00 Cooking Class 3:00 Resident's Prepare For Meal 6:00 Nail Care</p>
<p>9:00 Church Service 10:00 Daily Chronicle 10:00 Exercise 1:00 Movie Matinee 2:00 Hydration &amp; Snack 3:00 Resident's Prepare Table for Meal 6:00 Ball Toss &amp; Snack <b>Friendship week 10/16/19</b></p>	<p>9:15 Exercise 10:00 Daily Chronicle 11:00 Walk to Dine 1:30 Bingo 2:30 Hydration &amp; Snack 3:00 Resident's Prepare Table for Meal 6:00 Tea &amp; Snack</p>	<p>9:00 Exercise 9:30 Hydration 10:00 Arts &amp; Craft 11:00 Walk to Dine 2:00 Hand Massage 3:00 Resident's Prepare Table for Meal 6:00 Tea &amp; Snack</p>	<p>9:00 Tai Chi w/ Jack 10:00 Flower Arranging w/ Aromatherapy 11:00 Walk to Dine 2:00 Cookie Social 3:00 Resident's Prepare table for Meal 6:00 Ball Toss</p>	<p>9:00 Resident's Prepare for Lunch 10:00 Entertainment w/Joel 11:00 Walk to Dine 1:00 DIY w/ART 2:00 Valentine's &amp; Birthday Party 3:00 Resident's Prepare For Meal 6:00 Get Ready for Bed <small>Valentine's Day</small></p>	<p>9:30 Zumba 10:00 Beauty &amp; Grooming 11:00 Walk to Dine 1:00 Nails 2:00 Ice cream Social 3:00 Resident's Prepare Table for Meal 6:00 Movie &amp; Tea w/ Snack</p>	<p>9:00 Snack &amp; Hydration 9:30 Exercise 11:00 Walk to Dine 2:00 Cooking Class 3:00 Resident's Prepare For Meal 6:00 Nail Care</p>
<p>9:00 Church Service 10:00 Daily Chronicle 10:00 Exercise 1:00 Movie Matinee 2:00 Hydration &amp; Snack 3:00 Resident's Prepare Table for Meal 6:00 Ball Toss &amp; Snack</p>	<p>9:15 Exercise 10:00 Daily Chronicle 11:00 Walk to Dine 1:30 Bingo 2:30 Hydration &amp; Snack 3:00 Resident's Prepare Table for Meal 6:00 Tea &amp; Snack <small>Presidents' Day (US)</small></p>	<p>9:00 Exercise 9:30 Hydration 10:00 Arts &amp; Craft 11:00 Walk to Dine 2:00 Hand Massage 3:00 Resident's Prepare Table for Meal 6:00 Tea &amp; Snack</p>	<p>9:00 Tai Chi w/ Jack 10:00 Flower Arranging w/ Aromatherapy 11:00 Walk to Dine 2:00 Ice Cream Social 3:00 Resident's Prepare table for Meal 6:00 Ball Toss</p>	<p>9:00 Resident's Prepare for Lunch 10:00 Entertainment w/Joel 11:00 Walk to Dine 1:00 DIY w/ART 2:00 Snack &amp; Hydration 3:00 Resident's Prepare For Meal 6:00 Get Ready for Bed <b>109A Esther</b></p>	<p>9:30 Zumba 10:00 Beauty &amp; Grooming 11:00 Walk to Dine 1:00 Nails 2:00 Ice cream Social 3:00 Resident's Prepare Table for Meal 6:00 Movie &amp; Tea w/ Snack</p>	<p>9:00 Snack &amp; Hydration 9:30 Exercise 11:00 Walk to Dine 2:00 Cooking Class 3:00 Resident's Prepare For Meal 6:00 Nail Care</p>
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