

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2018

Independent Living at The Palazzo

<p>Neil Armstrong Day 5 8:30 Church Transportation-Ent1 9:00 Church Service – MPR 9:00 Coffee & Chronicles – MS 10:00 Morning Walk Inside 10:00 Beading w/Kelly – Craft R 1:00 BINGO – Activity Room 2:00 Music w/JimTharp- MS 2:00 Depart: Walgreens – Ent 1 3:00 Who is Neil Armstrong-MS 6:00 Trivia Club – Concierge 3:00-7 Evening Movie: TBD</p>	<p>A&W Root Beer Float Day 6 9:00 Coffee & Conversation-MS 10:00 Fit & Fun w/Angela –AL #3 10:30 Root Beer Floats - CR 11:00 Gym Equipment Training-FC 11:00 Tai-Chi/Chair Massage-Act 11:00 Palazzo Resident Volunteer Club – Café Room 1:30 Spanish 101 – Café Room 2:00 Celebration of Life for Jim Ratliff – Multi-Purpose Room</p>	<p>Home Run Record Day 7 9:00 Coffee & Chronicle – MS 9:00 Morning Walk w/Kelly-Ent 1 9:00 Fit & Fabulous w/Vickie- #3 10:00 Water Aerobics w/Vickie 10:00 Super Brain w/Lauren –Act 11:00 Rabbi Langowitz – Cinema R 1:00 Rick Alling from ASU = CIN 2:30 BINGO – Activity Room 3:30 10 Most Notorious Steroid Users & HR Record Holder Barry Bonds – Activity Room</p>	<p>Welcome to August 1 9:00 Coffee & Monthly Gazette - 9:30 Painting w/Nancy – CR 9:30 Fitness Fun w/Zoe - ACT 9:30 Depart: Musical Instrument Museum – Meet in Lobby 10:00 Mahj Lessons – JFCS Alcove 10:30 No-Bake Demo – Craft R 11:00 Chair Yoga w/Zoe – ACT 1:00 Writers Group w/Sharon-CR 2:00 Mexican Train – Activity R 2:00 Political Discussion - CIN</p>	<p>Ice Cream Sandwich & Jazzy Day 2 9:00 Fit & Fabulous w/Vickie-Act 9:30 Mahj Meetup – Craft Room 10:00 “P3” (Pictionary, Password, Pyramid – Activity Room 11:00 Total Wellness Exercise-ACT 1:00 Tai-Chi w/Jack – Cinema R 2:00 BINGO – Activity Room 3:00 Ice Cream Sandwiches & A little Jazz – Activity Room 5:30-7 KARAOKE Happy Hour 7:00 Evening Movie - TBD</p>	<p>Tony Bennet Day 3 9:00 Coffee & Chronicles - MS 9:30 Hot Bodies w/Lauren – ACT 10:30 Discussion Group w/Lauren 11:00 Zumba Dance Exercise 11:30 Taste of Shabbat – CIN 12:00 New Tech Help Class With Abbie - Library 1:00 Rockin the Classics w/ TA Burrows – Main Street 2:00 Bible Study w/Albert - CHP 2:30 August IQ – Activity Room</p>	<p>National Chocolate Chip Cookie 4 9:00 Water Aerobics – Pool 9:00 Coffee & Current Events 9:00 Inside Walk – Res Led 9:30 Depart: Beth EL – Ent 1 10:15 Depart: Macy’s – Ent 1 11:30 Depart: Denny’s – Ent 1 10:30 Line Dancing – Activity R 1:00 BINGO – Activity Room 2:30 Cookies & Thinkler’s-Act 3:00 UNO – Activity Room 3:00-7 Evening Movie: TBD</p>
<p>Family Day 12 8:30 Church Transportation-Ent1 9:00 Church Service – MPR 9:00 Coffee & Chronicles 10:00 Morning Walk Inside 10:30 A Short Story by Sheri Barile: The Benevolent Barber 11:00-2 Champagne Brunch – Dining Room 1:00 BINGO – Resident Led 2:00 Music on Main Street 2:00 Depart: Walmart</p>	<p>A “Berry” Happy Birthday 13 9:00 Coffee & Conversation-MS 9:00 Inside Walk Resident Led 10:00 Fit & Fun w/Angela –AL #3 10:30 – Week @ a Glance – CR 10:30 Beading w/Kelly – CR 11:00 Tai-Chi/Chair Massage-Act 11:00 Gym Equipment Training-FC 10:00 Depart: Casino Arizona – Meet in the Lobby 1:30 Spanish 101 - MPR 2:00 Encompass Health on Dehydration – Cinema R</p>	<p>Wizard of Oz Day 14 9:30 Painting w/Nancy – CR 9:30 Fitness w/Zoe – Activity R 10:00 Mahj Lessons –JFCS Alcove 10:30 No-Bake Demo – Craft R 11:00 Chair Yoga w/Zoe – ACT 1:00 Writers Group w/Sharon-CR 1:00 Rabbi Dan Hayman – CIN 1:00 Phoenix Conservatory of Music-History of Jazz - MS 2:00 Political Discussion - CIN 2:30 The Wizard of Oz - MS</p>	<p>Happiness Happens Day 8 9:00 Coffee & Conversation- MS 9:30 Painting w/Nancy – CR 9:30 Fitness w/Zoe – Activity R 10:00 Mahj Lessons –JFCS Alcove 10:30 No-Bake Demo – Craft R 11:00 Chair Yoga w/Zoe – ACT 1:00 Writers Group w/Sharon-CR 2:00 Mexican Train – Activity R 2:00 Introduction to The Palazzo Reds(Red Hat Society) Craft 3:00 Best Aaina Aaina Quotes –</p>	<p>Vacation Memories Day 9 9:00 Fit & Fabulous w/Vickie-Act 9:30 Mahj Meetup – Craft Room 10:00 “P3” (Pictionary, Password, Pyramid – Activity Room 11:00 Total Wellness Exercise-ACT 1:00 Tai-Chi w/Jack – Cinema R 2:00 BINGO – Activity Room 3:00 Best Places to Travel 2018 & Vacation Memories – ACT 6:00 Trivia Mania- Concierge 7:00 Evening Movie - TBD</p>	<p>“You’re on Candid Camera Day” 10 9:00 Coffee & Chronicles - MS 9:30 Hot Bodies w/Lauren – ACT 10:30 Discussion Group w/Lauren 10:30 Chat w/Rabbi Levi – CIN 11:00 Tech savvy w/Abbie – CIN 11:30 Taste of Shabbat - CIN 1:00 Current Events w/Bill - Act 2:00 Candid Camera Moments at The Palazzo – Main Street 2:00 Bible Study – Chapel 6:00 Trivia Mania- Concierge</p>	<p>Middle Children’s Day 11 9:00 Water Aerobics - Pool 9:00 Coffee & Current Events 9:00 Inside Walk – Resident Led 9:30 Depart: Beth EL – Ent 1 10:00 Depart: 99Cent Store-Ent 1 11:30 Depart: Mandarin Buffet 10:30 Line Dancing – Activity R 1:00 BINGO – Activity Room 2:00 What Your Birth Order Says About Your Personality – Act 3:00 UNO w/Cassie – Activity R</p>
<p>Aviation Day 19 8:30 Church Transportation-Ent1 9:00 Church Service – MPR 9:00 Coffee & Chronicles – MS 10:00 Morning Walk Inside 10:00 Beading w/Kelly – Craft R 1:00 BINGO – Activity Room 2:00 Music on Main Street 2:00 Depart: Michael’s- Ent 1 3:00 20 Questions – Activity R 4:00 Puzzles on Main Street</p>	<p>Cupcake Day in Australia 21 9:00 Coffee & Chronicle – MS 9:00 Morning Walk w/Kelly –Ent1 9:00 Fit & Fabulous w/Vickie- #3 10:00 Water Aerobics w/Vickie 10:00 Super Brain w/Lauren – Act 11:00 Ballet Arizona – Activity R 12:00 Captains Table – Dining R 1:00 Arizona Jewish Historical Society – Cinema Room 2:00 BINGO – Activity Room 7:00 Evening Movie - TBD</p>	<p>Sunflower Day 22 9:00 Inside Walk- Res Led 9:30 Painting w/Nancy – CR 10:00 Mahj Lessons – JFCS Alcove 10:30 No-Bake Demo – Craft R 11:00 Chair Yoga w/Zoe – ACT 1:00 Writers Group w/Sharon-CR 1:30 Town Hall – Dining Room 2:00 Mexican Train – Activity R 3:00 UNO – Activity Room 4:00 Famous August B-Days 7:00 Evening Movie: TBD</p>	<p>Cloning Around 16 9:00 Fit & Fabulous w/Vickie-Act 9:30 Mahj Meetup – Craft Room 10:00 “P3” (Pictionary, Password, Pyramid – Activity Room 11:00 Total Wellness Exercise-ACT 1:00 Tai-Chi w/Jack – Cinema R 2:00 BINGO – Activity Room 3:00 Discuss & Recall: Cloning Around – Activity R 5:30-7 KARAOKE – Activity R 7:00 Evening Movie: TBD</p>	<p>Baby Boomers Recognition Day 17 Activity Room, Craft Room & Cinema Room Closed Today 9:30 Hot Bodies w/Lauren – MS 10:30 Discussion Group –Main St 11:00 Zumba Dance Exercise- MS 11:30 Taste of Sabbath – Café R 1:00 Musical Bingo – Back DR 2:00 American Generation Fast Facts – Café Room 2:00 Bible Study w/ Albert 7:00 Evening Movie: TBD</p>	<p>National Peach Pie Day 24 9:00 Coffee & Chronicles - MS 9:30 Hot Bodies w/Lauren – ACT 10:30 Discussion Group w/Lauren 11:00 Zumba Dance Exercise – Act 11:30 Taste of Shabbat w/ Nurit 1:00 Current Events w/ Leisah 1:30 Pottery Class – Activity R 2:00 Thinkler’s – Activity Room 2:00 Bible Study w/Albert - Chapel 3:00 UNO w/Cassie – Activity R 7:00 Evening Movie: TBD</p>	<p>Hippie Day 18 9:00 Water Aerobics – Pool 9:00 Coffee & Current Events 9:00 Inside Walk – Resident Led 9:30 Depart: Beth EL – Ent 1 10:30 Line Dancing – Activity R 11:30 Depart: MacAlpine’s Restaurant & Soda Fountain-Ent1 12:00-3 Mountain Man Fruit & Nut Company – Main Street 1:00 BINGO – Activity R 3:00 UNO w/Cassie – Activity R</p>
<p>Full Sturgeon Moon 26 8:30 Church Transportation-Ent1 9:00 Church Service – MPR 9:00 Coffee & Chronicles – MS 10:00 Morning Walk Inside 1:00 BINGO – Activity Room 2:00 Music on Main Street 2:00 Depart: Target – Ent 1 3:00 What Am I? – Activity R 4:00 Puzzles on Main Street 6:00 Trivia Mania – Concierge 3:00-7 Sunday Movie: TBD</p>	<p>Celebrate Centenarians Week 27 9:00 Coffee & Conversation-MS 9:00 Inside Walk Resident Led 10:00 Fit & Fun w/Angela –AL #3 10:00 Beading w/Kelly – CR 11:00 Tai-Chi/Chair Massage-Act 11:00 Gym Equipment Training-FC 1:00 Spanish 101 – MPR 2:00 Popcorn Monday – MS 3:00 Famous Centenarians – Act and Events on the Year 1918 7:00 Evening Movie - TBD</p>	<p>Radio Commercials Anniversary 23 9:00 Coffee & Chronicle – MS 9:00 Morning Walk w/Kelly –Ent1 9:00 Fit & Fabulous w/Vickie- #3 10:00 Water Aerobics w/Vickie 10:00 “Are You Smarter than a 5th Grader?” – Activity Room 11:00 Ballet Arizona – Activity R 12:00 Birthday Luncheon – DIN 1:00 Frank Sinatra Impersonator 2:00 BINGO – Activity Room 3:00 Old Radio Commercials</p>	<p>Jeannie in a Bottle Day 23 9:00 Fit & Fabulous w/Vickie-Act 9:30 Mahj Meetup – Craft Room 10:00 Phoenix Art Museum - CIN 11:30 Depart: Culver’s Hamburgers – Entrance 1 1:00 Tai-Chi w/Jack – Cinema R 2:00 BINGO – Activity Room 3:00 Dream of Jeannie Trivia-Act 6:00 Trivia Mania – Concierge 7:00 Evening Movie: TBD</p>	<p>Shirley Booth Day 30 9:00 Fit & Fabulous w/Vickie-Act 9:30 Mahj Meetup – Craft Room 10:00 “P3” (Pictionary, Password, Pyramid – Activity Room 11:00 Total Wellness Exercise-ACT 1:00 Tai-Chi w/Jack – Cinema R 2:00 BINGO – Activity Room 3:00 Shirley Booth – Activity R 7:00 Gourmet Dining - MPR 6:00 Trivia Mania – Concierge 7:00 Evening Movie - TBD</p>	<p>Remembering Princess Diana 31 9:00 Coffee & Chronicles - MS 9:30 Hot Bodies w/Lauren – ACT 10:30 Discussion Group w/Lauren 11:00 Zumba Dance Exercise – Act 11:30 Taste of Shabbat – CIN 1:00 Piano & Ice Cream Social With Claudia – Main Street 1:00 Book Club w/Carrie – CIN 3:00 UNO w/Cassie – Activity R 6:00 Trivia Mania – Concierge 7:00 Evening Movie: TBD</p>	<p>Anniversary of the National Park 25 Service 9:00 Water Aerobics – Pool 9:00 Coffee & Current Events 9:00 Inside Walk – Resident Led 9:30 Depart: Beth EL – Ent 1 10:30 Line Dancing – Activity R 11:15 Pizza Heaven – 7th st & Missouri - Entrance 1 10:00-2 Sizzling Summer Mobil Fair – Main Street 1:00 BINGO – Activity Room</p>