

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

FEBRUARY 2018

Independent Living/The Palazzo

<p>Super Bowl 52- Kickoff 4:30 4</p> <p>8:30 Church Transportation-Ent1 9:00 Church Service – MPR 10:00 Morning Walk w/Kelly – LOB 11:00 Discuss & Recall: Who is Rosa Parks? – Activity Room 11:30 Facts & Quotes – ACT Rosa Parks – Activity Room 1:00 BINGO – Activity Room 2:00-3:30 Pre-Super Bowl Party Patriots & Eagles – MS 3:00-7 Evening Movie: TBD</p>	<p>“World Nutella Day” 5</p> <p>9:00 Morning Walk – Lobby 9:00 Coffee & Conversation – MS 9:30 Beading w/ Kelly – ACT 10:30 Week at a Glance – ACT 11:00 Tai-Chi/Massage – ACT 11:00 Nutella Mania – CIN 1:00 Spanish 101 – MPR 2:00 Popcorn Monday – MS 3:00 Who Am I – Activity Room 5:30 Mary Kay w/Lyn – MPR 7:00 Monday Movie: TBD</p>	<p>“Canadian Maple Syrup Day” 6</p> <p>9:00 Coffee & Chronicles – MS 9:30 Schmooze & Schmear – CIN 10:00 Super Brain – Activity Room 11:00 Chair Yoga w/Zoe – ACT 1:00 Olympic Theme Edible Craft – Craft Room 2:30 BINGO – Activity Room 3:00 African American History and Trivia – Activity Room 3:30 Who is John Lewis? – ACT 7:00 Tuesday Movie: TBD</p>	<p>“National Signing Day” 7</p> <p>9:00 Morning Walk w/Kelly – LOB 9:30 Painting w/Nancy – Craft R 9:30 Fitness Fun w/Zoe – ACT 10:00 Mahj Lessons – JFCS Alcove 10:30 Asian Cooking Demo – MS 10:30 Asian Craft – Café Room 1:00 Tai Chi w/Mary – Activity R 1:00 Writer’s Group – Craft Room 2:00 Pizza Fun Facts w/ Pepperoni Pizza Bites – ACT 7:00 Wednesday Movie: TBD</p>	<p>Welcome to February 1</p> <p>9:00 Fit & Free w/Vickie – ACT 9:00 Coffee & Monthly Gazette 9:30 Mahj Meetup 9:30 “Schmooze & Schmear”- CIN 10:00 “P3” (Pictionary, Pyramid, Password) – Activity Room 11:00 Total Wellness Exercise- Act 1:00 Soothing Balance – CIN 2:00 BINGO – Activity Room 5:30 KARAOKE – Activity Room 7:00 Evening Movie: TBD</p>	<p>“National Wear Red Day” 2</p> <p>9:00 Coffee & Conversation- MS 9:00 Daily Chronicle – MS 9:30 Hot Bodies w/Lauren – ACT 10:30 Chat w/ the Rabbi – CIN 11:00 Zumba Dance Exercise – Act 11:30 Taste of Shabbat – CIN 1:00 Cards for Kids – CIN 2:00 Bible Study w/Albert – CHP 3:00 Story of Groundhog Day –Act 7:00 Movie: Groundhog Day- CIN <small>Groundhog Day</small></p>	<p>“Songs of the heart Saturday” 3</p> <p>9:00 Resident Led Walk – LOB 9:00 Coffee & Current Events 9:30 Depart Beth EL – Ent1 10:15 Depart: Macy’s – Ent1 10:30 Line Dancing – ACT 11:30 Depart: Whataburger– Ent1 1:00 BINGO – Activity Room 2:00 Hangman – Songs w/ the Word heart in it. – Activity Room 3:00 Cranium Crunches – ACT 3:00-7 Evening Movie - TBD</p>
<p>Random Acts of Kindness Week 1</p> <p>8:30 Church Transportation-Ent1 9:00 Church Service – MPR 9:00 Morning Walk w/Kelly – LOB 10:30 Beading w/Kelly – Activity R 1:00 BINGO – Activity Room 2:00 Music on Main Street 2:00 Depart: 99Cent Store – Entrance 1 3:30 Discuss & Recall: Random Acts of Kindness – ACT 3:00-7 Evening Movie: TBD</p>	<p>Abraham Lincoln 1809 - 1865 12</p> <p>9:00 Morning Walk w/Kelly – LOB 9:00 Coffee & Conversation –MS 10:00 March Calendar Planning 10:30 Week at a Glance – ACT 11:00 Tai-Chi/Massage – ACT 11:00 Abraham Lincoln – CIN 1:00 Spanish 101 – MPR 2:00 Popcorn Monday – MS 3:00 Who Am I – Activity Room 5:30 Mary Kay w/Lyn – MPR 7:00 Monday Movie: TBD</p>	<p>Mardi Gras or Fat Tuesday 13</p> <p>7:30 Resident Breakfast – DR Crepes & Omelets 9:00 Coffee & Chronicle – MS 9:30 “Schmooze & Schmear”- CIN 10:00 ‘Are You Smarter than a 5th Grader?’ – ACT 11:00 Chair Yoga w/Zoe – ACT 1:00 Mardi Gras Happy Hour Crowning of the King & Queen- 2:30 BINGO – Activity Room <small>Mardi Gras</small></p>	<p>Happy Valentine’s Day 14</p> <p>9:00 Morning Walk w/Kelly –LOB 9:30 Painting w/Nancy – Craft R 9:30 Fitness Fun w/Zoe – ACT 10:00 Mahj Lessons – JFCS Alcove 10:30 No-Bake Demo – Craft Room 11:00 Stretching a Strong Body-Act 1:00 Writer’s Group – Craft Room 1:00 Valentine Ice Cream Sundae Bar/Entertainment -MS 5:30 Sweetheart Supper- DR <small>Valentine’s Day</small></p>	<p>Chocolate Kiss Day” 8</p> <p>9:00 Fit & Free w/Vickie – ACT 9:00 Coffee & Chronicle – MS 9:30 Mahj Meetup 9:30 “Schmooze & Schmear”-CIN 10:00 “P3” (Pictionary, Pyramid, Password) Activity Room 10:00 Fix it with Jen – Main Street 11:00 Total Wellness Exercise- Act 1:00 Craft w/Jen B – Craft Room 2:00 BINGO – Activity Room 7:00 Evening Movie: TBD</p>	<p>Winter Olympics Begin 9</p> <p>9:00 Coffee & Conversation – MS 9:00 Harp Player – Main Street 9:30 Hot Bodies w/Lauren – ACT 10:30 Discussion Group – CIN 11:00 Zumba Dance Exercise – Act 11:30 Taste of Shabbat – CIN 1:00 Musical Bingo w/Debbie- Act 2:00 Bible Study w/ Albert – CHP 3:00 Olympic Ring Mind Bender Main Street 7:00 Friday Movie: TBD</p>	<p>“Story Telling Day” 10</p> <p>9:00 Resident Led Walk – LOB 9:00 Coffee & Current Events- MS 9:30 Depart: Beth EL - Ent1 10:00-2 Valentine Gift Shoppe-MS 10:30 Line Dancing – Activity R 11:00 Depart: Olive Garden- Ent1 1:00 BINGO – Activity Room 1:30 Student Nurse Assoc. – Crafts with Residents – MPR 3:00 THINKLER’S – ACT 3:00-7 Saturday Movie: TBD</p>
<p>First Ladies Day 18</p> <p>8:30 Church Transportation – Ent1 9:00 Church Service – Chapel 10:00 Morning walk w/Kelly – LOB 11:00 First Ladies, Fascinating Facts – Activity Room 11:00 Depart: Mandarin Buffet Entrance 1 1:00 BINGO – Activity Room 2:00 Music on Main Street 2:00 Depart: Walgreens – Ent1 3:00-7 Evening Movie: TBD</p>	<p>Spring is in The Air Day” 19</p> <p>9:00 Morning Walk – Lobby 9:00 Coffee & Conversation – MS 9:30 Beading w/Kelly – Activity R 10:30 Week at a Glance – ACT 11:00 Tai-Chi/Massage – ACT 1:00 Spanish 101 – MPR 2:00 Popcorn & Presidential Puzzles – Main Street 3:00 20 Questions – CIN 5:30 Mary Kay w/Lyn – MPR 7:00 Monday Movie: TBD <small>Presidents’ Day (US)</small></p>	<p>“Spring is in The Air Day” 20</p> <p>9:00 Coffee & Chronicles – MS 9:30 Schmooze & Schmear – CIN 10:00 Super Brain w/Lauren – ACT 11:00 Chair Yoga with Zoe – ACT 12:00 Captain’s Table – Dining R 1:00 Crafts with Jen T – Craft R 2:30 BINGO – Activity Room 3:30 Discuss & Recall - ACT Who is Sidney Poitier? 7:00 Tuesday Evening Movie: TBD</p>	<p>Happy Valentine’s Day 14</p> <p>9:00 Morning Walk w/Kelly – LOB 9:30 Painting w/Nancy – Craft R 9:30 Fitness Fun w/Zoe – ACT 10:00 Mahj Lessons – JFCS Alcove 10:30 No-Bake Cooking- Craft R 11:00 Stretching a Strong Body 1:00 Tai-Chi with Mary – ACT 1:00 Writers Group w/Sharon-CIN 1:45 Depart: Jewish Film Festival – Bombshell – ENT1 2:30 Who Am I - Activity Room 7:00 Wednesday Movie: TBD</p>	<p>Year of The Dog 16</p> <p>9:00 Fit & Free w/Vickie – ACT 9:00 Coffee & Chronicle – MS 9:30 Mahj Meetup 10:00 Phoenix Art Museum: Art All around Us 11:00 Total Wellness Exercise With Lauren – Activity R 1:00 Soothing Balance – CIN 1:00 Color Me Calm – Craft Room 2:00 BINGO – Activity Room 5:30-7 KARAOKE Happy Hour 7:00 Evening Movie - TBD</p>	<p>Year of The Dog 16</p> <p>9:00 Daily Chronicle – MS 9:30 Hot Bodies w/Lauren – ACT 10:30 Discussion Group – CIN 11:00 Zumba Dance Exercise -Act 11:30 Taste of Shabbat – CIN 1:00 AZ. Jewish Society Movie- 2:00 Bible Study w/Albert - CHP 2:00 Year of The Dog Food, Music & Fun Discussion – MS 4:15 Depart Chabad Dinner- Chinese New Year</p>	<p>Happy Birthday, Michael Jordan 17</p> <p>9:00 Resident Led Walk – LOB 9:00 Coffee & Current Events-MS 9:30 Depart Beth EL – Ent1 10:30 Line Dancing – Activity R 11:00 Depart: Black Bear Diner Entrance 1 1:00 BINGO – Activity Room 2:00 Who is Michael Jordan?– Act 3:00 Checkers on Main Street 6:00 Trivia Mania – Front Lobby 3:00-7 Saturday Movie: TBD</p>
<p>“Shhhhh Day” 25</p> <p>8:30 Church Transportation – Ent1 9:00 Church Service – Chapel 9:00 Morning Walk w/Cassie -LOB 10:00 Depart: Farmer’s Market Entrance 1 10:30 Beading w/Kelly to Resume March 5th 1:00 BINGO – Activity Room 2:00 Music On Main Street 3:00 Checkers on Main Street 3:00-7 Evening Movie - TBD</p>	<p>“Spring is in The Air Day” 19</p> <p>9:00 Morning Walk – Lobby 9:00 Coffee & Conversation – MS 9:30 Beading w/Kelly – Activity R 10:30 Week at a Glance – ACT 11:00 Tai-Chi/Massage – ACT 1:00 Spanish 101 –MPR 2:00 White Hat Ambassador Meeting – Multi Purpose Room 2:45 Popcorn & Cranium Crunchers – Main Street 5:30 Mary Kay w/Lyn – MPR 7:00 Monday Movie: TBD</p>	<p>“Spring is in The Air Day” 20</p> <p>9:00 Morning Walk –Lobby 9:00 Coffee & Chronicles – MS 9:30 “Schmooze & Schmear” –CIN 10:00 “Are You Smarter than a 5th Grader?” – Activity Room 11:00 Chair Yoga w/Zoe - ACT 12:00 February Birthday Luncheon – Dining Room 1:00 Crafting with Jen – Craft R 2:30 BINGO – Activity Room 3:30 Trivia – Activity Room 7:00 Evening Movie: TBD</p>	<p>Happy Valentine’s Day 14</p> <p>9:00 Morning Walk w/Kelly – LOB 9:30 Painting w/Nancy – Craft R 9:30 Fitness Fun w/Zoe – ACT 10:00 Mahj Lessons – JFCS Alcove 10:30 Chi Chi the Dog Visits – ACT 11:00 Stretching a Strong Body – Activity Room 1:00 Tai-Chi w/Mary – Activity R 1:00 Writers Group w/Sharon-CIN 2:00 Celebrating African American History Month – Activity Room 7:00 Wednesday Movie: TBD</p>	<p>Sunday 2/4 Super Bowl 52 – Pre Super Bowl Party Tuesday 2/13, Resident Breakfast, Mardi Gras Happy Hour Wednesday 2/14 Valentine Sweetheart Supper, Ice Cream Sundae Bar</p>	<p>Mexican Flag Day 24</p> <p>9:00 Coffee & Conversation-MS 9:00 Daily Chronicle – Main Street 9:30 Hot Bodies w/Lauren – ACT 10:30 Discussion Group – Activity R 11:00 Zumba Dance Exercise – Act 11:30 Taste of Shabbat – CIN 1:00 Book Club w/Carrie – “Snow Flower & The Secret Fan” CIN 2:00 Pottery Class – Activity Room 2:00 Bible Study w/Albert – CHP 7:00 Friday Evening Movie: - TBD</p>	<p>Mexican Flag Day 24</p> <p>9:00 Resident Led Walk – LOB 9:00 Coffee & Current Events 9:30 Depart: Beth EL – Ent1 10:30 Line Dancing - ACT 11:00 Depart: Golden Corral – Entrance 1 1:00 BINGO – Activity Room 2:00 Games on Main Street 3:00 The Mexican Flag – MS 6:00 Trivia Mania – Front Lobby 3:00-7 Evening Movie: TBD</p>

