

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2018

Independent Living at The Palazzo

		<p>"May Day" 1 9:00 Morning walk w/Kelly – LOB 9:00 Information Tech HELP – LIB 9:30 Current Events w/ Leisah 10:00 Super Brain w/Lauren – ACT 10:00 The Palazzo Photo Time-MS 10:30 Menu Chat – Dining Room 11:00 Morning Exercise w/ Katie 1:00 The Palazzo's 2nd Anniversary Celebration – MS 2:30 BINGO – Activity Room May Day</p>	<p>Jack Benny Radio Debut 2 9:00 Morning Walk w/Kelly - LOB 9:30 Painting w/Nancy – CR 9:30 Fitness Fun w/Zoe – ACT 10:00 Mahj Lessons – JFCS Alcove 10:30 No-Bake Demo – Craft Room 11:00 Chair Yoga w/ Zoe – ACT 1:00 Writer's Group – Craft Room 2:00 Jack Benny's Old Time Radio 3:00 May IQ – Activity Room 7:00 Evening Movie : TBD</p>	<p>Joe DiMaggio's MLB Debut 3 9:00 Fit & Fabulous w/Vickie – Act 8:45 – Depart: Stretching for Seniors- Chair Yoga – ENT 1 9:30 Mahj Meetup – Craft Room 10:00 "P3"(Pictionary, Password, Pyramid) – Activity Room 11:00 Total Wellness Exercise 1:00 Craft & Greet w/Director-CR 2:00 BINGO – Activity Room 5:30-7 KARAOKE – Activity Room</p>	<p>A Roman Holiday 4 9:00 Coffee & Conversation-MS 9:30 Hot Bodies w/Lauren - ACT 10:30 Chat w. Rabbi Levi - CIN 10:30 Discussion Group w. Lauren 11:00 Zumba Dance Exercise - Act 11:30 Taste of Shabbat - CIN 1:00 Cinco De Mayo Celebration On Main Street 2:00 Bible Study w/Albert - CHP 3:00 Audrey Hepburn – ACT 7:00 Evening Movie - TBD</p>	<p>Kentucky Derby Day 5 9:00 Water Aerobics Class –Pool 9:00 Resident Led Walk - Lobby 9:00 Coffee & Current Events- MS 9:30 Depart Beth EI- ENT1 10:00 Cinco De Mayo Mariachi Band – Main Street 10:30 Line Dancing- Activity Room 1:00 BINGO – Activity Room 3:00 Cinco De Mayo Drink Social 3:00&7 Evening Movie: TBD Cinco de Mayo</p>
<p>National Nurses Week 6 8:30 Church Transportation- ENT1 9:00 Church Service- MPR 9:30 May Monthly Gazette-MS 10:00 Morning Walk w/Kelly – LOB 10:30 Beading – Activity Room 1:00 BINGO 2:00 Music on Main Street 2:00 Depart: Walmart – ENT 1 3:00 Puzzles on Main Street 3:00&7 Evening Movie: TBD</p>	<p>Favorite Photo Day 7 9:00 Coffee & Conversation-MS 9:00 Monday Morning Walk 9:00-11 Mother's Day Photo Shoot - MPR 10:30 Week @ a Glance- ACT 11:00 Tai Chi/ Message- ACT 1:30 Spanish 101- MPR 2:00 Popcorn Monday – MS 3:00 Bring Your Favorite Photo & Let's Reminisce – Activity R 7:00 Evening Movie - TBD</p>	<p>National Teacher Day 8 8:00 Resident Breakfast 9:00 Morning Walk w/ Kelly –LOB 9:00 Information Tech HELP! - LIB 9:30 Therapy Dog Visit - MS 10:00 "Are You Smarter than a 5th grader?" – Activity Room 10:00 Depart: Michaels – ENT 1 11:00 Morning Exercise with Kate 1:00 Classical Music and Coloring 2:30 BINGO – Activity Room</p>	<p>Royal Horse Show 9 9:00 Morning Walk w/Kelly - LOB 9:30 Painting with Nancy 9:30 Fitness Fun w. Zoe 10:00 Mahj Lessons -JFCS Alcove 10:30 No-Bake Demo w. Zoe 11:00 Chair Yoga w. Zoe 1:00 Writer's Group w. Sharon 1:00 Mother's Day Tea Party 3:00 Checker Challenge with Mr. Landis & The Honor Students-MS</p>	<p>Mother Ocean Day 10 9:00 Fit & Fabulous w/Vickie-ACT 9:30 Mahj Meetup – Craft Room 10:00 "P3"(Pictionary, Password, Pyramid) Activity Room 11:00 Total Wellness Exercise 1:00 Mother's Day Craft w/Jen B. 2:00 BINGO – Activity Room 3:00 Mother Earth News – 15 Fun & Surprising Facts about the Earth Oceans – Activity Room</p>	<p>Military Spouse Appreciation 11 9:00 Coffee & Conversation-MS 9:30 Hot Bodies w/Lauren - Act 10:30 Discussion Group w/Lauren 10:30 Palazzo Kitchen Tour - DIN 11:00 Zumba Dance Exercise - Act 11:30 Taste of Shabbat w/Nurit-CIN 1:00 Musical Bingo w/Debbie 2:00 Bible Study w/ Albert – CHP 5:15 Depart Promptly: Chabad Dinner – Meet in Lobby</p>	<p>Horse Sense Saturday 12 9:00 Water Aerobics Class 9:00 Coffee & Current Events- 9:30 Depart Beth EI- ENT1 9:30 Depart: Lake Pleasants Visitor's Center – Entrance 1 10:30 Line Dancing – Activity Room 10:30 Depart: Farmer's Market – Entrance 1 1:00 BINGO – Activity Room 2:00 What Am I - Activity Room</p>
<p>Beginning of National Police Week 13 8:30 Church Transportation- ENT1 9:00 Church Service- MPR 9:30 Coffee & Chronicles -MS 10:00 Morning Walk – LOB 11:00-2pm Mother's Day Champagne Brunch – Dining R 1:00 BINGO 2:00 Music on Main Street 3:00 Puzzles on Main Street 3:00&7 Evening Movie - TBD Mother's Day</p>	<p>WAAC Formation Anniversary 14 9:00 Coffee & Conversation-MS 9:00 Monday Morning Walk 10:00 Paula's Bags & More - MS 10:00 June Calendar Planning- Cinema Room 10:30-12 Artsy Smartsy/ Silk Painting – Activity Room 10:30 Week @ a Glance- ACT 11:00 Tai Chi/ Message- ACT 1:30 Spanish 101- MPR 2:00 Popcorn Monday</p>	<p>Senior Citizen Day 15 9:00 Morning Walk w/ Kelly –LOB 9:00 Information Tech HELP! 10:00 Super Brain w/Lauren - Act 10:30 Fix-it with Jen – Main Street 11:00 Morning Exercise w/Kate 12:00 Captain's Table - DIN 1:00 Craft with Jen B. – Craft R 2:30 BINGO – Activity Room 3:30 Searching for May – ACT 7:00 Evening Movie - TBD</p>	<p>Piano Candelabra Day 16 9:30 Painting with Nancy - CR 9:30 Fitness Fun w/Zoe - ACT 10:00 ADL Discussion w/Carlos-Cin 10:00 Mahj Lessons – JFCS Alcove 10:30 No-Bake Demo w. Zoe 11:00 Chair Yoga w. Zoe 1:00 Writer's Group w/Sharon 1:00 Shavuot Celebration - CIN 2:00 LIBERACE Concert- MS 7:00 Evening Movie: TBD First Day of Ramadan</p>	<p>What's All the Racket About? 17 8:45 – Depart: Stretching for Seniors – Chair Yoga – ENT 1 9:00 Fit & Fabulous with Vickie- Activity Room 9:30 Mahj Meetup – Craft Room 10:00 Phoenix Art Museum – CIN 11:00 Total Wellness Exercise - Act 1:00 Tia Chi w/Mary – Activity R 2:00 BINGO – Activity Room 7:00 Evening Movie: TBD</p>	<p>Chocolate Chip Cookie Day 18 9:00 Coffee & Conversation-MS 9:30 Hot Bodies w/Lauren - ACT 10:30 Chat w/Rabbi Levi - CIN 10:30 Discussion Group w/Lauren 11:00 Zumba Dance Exercise-Act 11:30 Taste of Shabbat – CIN 1:00 Movie & Popcorn – CIN 2:00 Bible Study w/Albert – CHP 3:00 Checker Challenge - MS 7:00 Evening Movie: TBD</p>	<p>Shavuot Begins 19 9:00 Water Aerobics Class 9:00 Coffee & Current Events- MS 9:30 Depart Beth EI- ENT1 10:00 Depart: PV Mall and Chompies – Entrance 1 10:30 Line Dancing- Activity Room 1:00 BINGO – Activity Room 2:00 About Shavout – ACT 2:30 Shavout Word Search – ACT 3:00&7 Evening Movie - TBD Armed Forces Day</p>
<p>New Friends, Old Friends Week 20 8:30 Church Transportation- ENT1 9:00 Church Service- MPR 9:30 Coffee & Chronicles-MS 10:00 Morning Walk – LOB 10:30 Beading – Activity Room 11:00 Discuss & Recall: British Royal Obsession – Activity R 1:00 BINGO – Activity Room 2:00 Music on Main Street 2:00 Depart: 99Cent Store- Ent1 First Day of Shavuot</p>	<p>College Graduation Memories Day 21 9:00 Coffee & Conversation-MS 9:00 Monday Morning Walk - LOB 9:30 Week @ a Glance- ACT 11:00 Tai Chi/ Message- ACT 1:30 Spanish 101- MPR 2:00 White Hat Ambassador Meeting- MPR 3:00 Popcorn Monday – MS 4:00 Cranium Crunchers - MS 7:00 Evening Movie - TBD</p>	<p>Senior PGA Championship 22 9:00 Morning Walk w/ Kelly –LOB 9:00 Information Tech HELP! 10:00 "Are you smarter than a 5th Grader?" – Activity Room 11:00 Morning Exercise with Kate 12:00 Birthday Luncheon - DIN 1:00 Happy Hour w/Claudia - MS 2:30 BINGO – Activity Room 3:30 Famous May Birthdays - ACT 7:00 Tuesday Movie: TBD</p>	<p>Happy 90th Rosemary Clooney 23 9:00 Morning Walk w/Kelly - LOB 9:30 Painting with Nancy - CR 9:30 Fitness Fun w/Zoe – ACT 10:00 Mahj Lessons – JFCS Alcove 10:30 No-Bake Demo w. Zoe 11:00 Chair Yoga w/Zoe- ACT 1:00 Writer's Group w. Sharon 2:00 All About Rosemary Clooney – Activity Room 7:00 Evening Movie: TBD</p>	<p>"Red Nose Day" 24 9:00 Fit & Fabulous w/Vickie- Act 9:30 Mahj Meetup – Craft Room 10:00 "P3" (Pictionary, Password, Pyramid) – Activity Room 10:15 Depart: Lone Butte Casino 11:00 Total Wellness Exercise-Act 11:30 Depart: Red Lobster –Ent 1 1:00 Tai Chi w/Mary – Cinema R 2:00 BINGO – Activity Room 7:00 Gourmet Dining – Dining R</p>	<p>Wear the Lilac Day 25 9:00 Coffee & Conversation-MS 9:30 Hot Bodies w/Lauren - ACT 10:30 Chat w/Rabbi Levi - CIN 10:30 Discussion Group w/Lauren 11:00 Zumba Dance Exercise - Act 11:30 Taste of Shabbat – CIN 1:00 Book Club w/Carrie - CIN 2:00 Pottery Class – Craft Room 2:00 Music with Darren – MS 7:00 Friday Evening Movie:TBD</p>	<p>The Duke's Day 26 9:00 Water Aerobics Class 9:00 Coffee & Current Events- MS 9:30 Depart Beth EI- ENT1 10:30 Line Dancing- Activity Room 11:00 Depart: Mandarin Buffet – Entrance 1 1:00-3:30 Intergenerational Workshop - MPR 1:30 BINGO – Activity Room 7:00 Evening Movie: TBD</p>
<p>Indianapolis 500-Mile Race 27 8:30 Church Transportation- ENT1 9:00 Church Service- MPR 9:30 May Monthly Gazette-MS 10:00 Morning Walk – LOB 10:30 UNO- Activity Room 11:30 Depart: Burger King–ENT 1 1:00 BINGO – Activity Room 2:00 Music on Main Street 3:00 Puzzles on Main Street 3:00&7 Sunday Movie: TBD</p>	<p>Memorial Day 28 9:00 Coffee & Conversation-MS 9:00 Monday Morning Walk 9:30 Beading – Activity Room 10:30 Week @ a Glance- ACT 11:00 Tai Chi/ Message- ACT 12:00 Memorial Day Cookout – Dining Room 1:30 Spanish 101- MPR 2:00 Memorial Day Entertainment – Main Street 3:00 Popcorn Monday Memorial Day</p>	<p>"Flower Moon Day" 29 9:00 Morning Walk w/ Kelly –LOB 9:00 Information Tech HELP! 10:00 Super Brain w/Lauren: Can You Afford to Eat Healthy?-ACT 11:00 Morning Exercise with Kate 1:00 Tai Chi – Cinema Room 2:30 BINGO – Activity Room 3:30 Crosswords & Word Search Activity Room 7:00 Tuesday Movie: TBD</p>	<p>National Senior Health & Fitness 30 9:30 Painting with Nancy- CR 9:30 Fitness Fun w/Zoe - ACT 10:00 Mahj Lessons – JFCS Alcove 10:30 No-Bake Demo w/Zoe - CR 11:00 Chair Yoga w/Zoe - ACT 1:00 Writer's Group w/Sharon-CR 1:30 Employee of the Month Ice Cream Social – Main Street 3:00 Checker Challenge - MS 7:00 Evening Movie: TBD</p>	<p>Big Ben Goes Tick-Tock Day 31 9:00 Fit & Fabulous with Vickie- 9:30 Mahj Meetup – Craft Room 10:00 "P3"(Pictionary, Password, Pyramid) – Activity Room 11:00 Total Wellness Exercise- Act 1:00 TED Talk Discussion Group Cinema Room 2:00 BINGO – Activity Room 5:30-7 KARAOKE Happy Hour 7:00 Evening Movie: TBD</p>	<p>May is... Healthy Vision Month Jewish- American Heritage Month National Barbecue Month National Military Appreciation Month Women's Health Care Month Birthstone: Emerald Flower: Lily of the Valley Colors: Yellow & Red</p>	