

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>We are practicing social distancing and offering on-line classes for your in room viewing All Activities Subject to change</p>		Welcome to September Day 1 9am Strength Training with Jane 10am Adaptive Fitness & Strength training with Vickie 10:30am News and Views 1:15pm Silver Sneaker with Henry 2:30pm Ice Cream Cart 3:00pm Nails By Appointment Mystery Tuesday Movies at 11:00a, 2:30p, 4:40p, 7p	Rock and Roll Hall of Fame Anniversary 2 9am Fall Prevention with Jane 10am Yoga for Daily Life Movement 10:30am News and Views 11am Movement is Medicine 1:15pm Silver Sneakers 2:30pm Bingo Word Search Wednesday Movies at 2:30p, 4:40p, 7p	Stolen Days 3 9am Strength Training with Jane 10am Energy Up Adaptive Fitness with Vickie 10:30am News and Views 1:15pm Silver Sneakers 2:30pm Trivia Movies at 11:00a, 2:30p, 4:40p, 7p	The Price Is Right Day 4 9am Fall Prevention with Jane 10am Adaptive Line Dancing w. Vickie 11:30 Tech Time with Abbie 1:15 Silver Sneaker with Henry 5:45 Beth El Musical Kabbalat Shabbat Zoom 948 321 834 	Self-Awareness Saturday 5 9:30 Shabbat Moring Service of Beth El Congregation 10:30am News and Views 2:30pm Self Portraits Movies at 11:00a, 2:30p, 4:40p, 7p	
	Photo Booth Day 6 10:00a Non-denominational Church Service 10:30a Sunday News w/ Jazzmin Movies at 11a, 2:30p, 4:40p, 7p Activity Packet Handout	Labor Day 7 9am Fall Prevention with Jane 10am Immunity w. Breath & Movement w. Vickie Silver Sneakers 2pm Yoga +Dance Fusion 2:30pm Bingo w/ Jazzmin Crossword Monday Movies at 11:00a, 2:30p, 4:40p, 7p <small>Labor Day</small>	Don't Wear White Day 8 9am Strength Training with Jane 10am Adaptive Fitness & Strength training with Vickie 10:30am News and Views 1:15 Silver Sneaker with Henry 2:30pm Ice Cream Cart 3:00pm Beading Mystery Tuesday Movies at 11:00a, 2:30p, 4:40p, 7p	An Artsy Day 9 9am Fall Prevention with Jane 10am Yoga for Daily Life Movement 10:30am News and Views 11am Movement is Medicine 1:15pm Silver Sneakers 2:30pm Bingo Word Search Wednesday Movies at 2:30p, 4:40p, 7p	Good News Day 10 9am Strength Training with Jane 10am Energy Up Adaptive Fitness with Vickie 10:30am News and Views 1:15pm Silver Sneakers 2:30pm Jeopardy Movies at 11:00a, 2:30p, 4:40p, 7p	Remembrance Day 11 9am Fall Prevention with Jane 10am Adaptive Line Dancing w. Vickie 11:30 Tech Time with Abbie 1:15 Silver Sneaker with Henry 5:45 Beth El Musical Kabbalat Shabbat Zoom 948 321 834 	Chocolate Milkshake Day 12 9:30 Shabbat Moring Service of Beth El Congregation 10:30am News and Views 2:30pm Ice Cream Cart Movies at 11:00a, 2:30p, 4:40p, 7p
	Assisted Living Week 13 10:00a Non-denominational Church Service 10:30a Sunday News w/ Jazzmin Goodie Bag Handout Movies at 11a, 2:30p, 4:40p, 7p Activity Packets <small>Grandparents Day</small>	Be Creative Day 14 9am Fall Prevention with Jane 10am Immunity w. Breath & Movement w. Vickie Silver Sneakers 2pm Yoga +Dance Fusion 2:30pm Bingo w/ Jazzmin Crossword Monday Movies at 11:00a, 2:30p, 4:40p, 7p	Agatha Christie Day 15 9am Strength Training with Jane 10am Adaptive Fitness & Strength training with Vickie Mail Cart 10:30am News and Views 1:15p Silver Sneakers 2:30p Hallway Ice Cream Social Mystery Tuesday Movies at 2:30p, 4:40p, 7p	Mexican Independence Day 16 9am Fall Prevention with Jane 10am Yoga for Daily Life Movement 10:30am News and Views 11am Movement is Medicine 1:15pm Silver Sneakers 2:30pm Hallway Fiesta Word Search Wednesday Movies at 2:30p, 4:40p, 7p	Constitution Day 17 9am Strength Training with Jane 10am Energy Up Adaptive Fitness with Vickie 10:30am News and Views 1:15pm Silver Sneakers 2:30pm Hallway Happy Hour Movies at 11:00a, 2:30p, 4:40p, 7p	Jewish New Year 18 9am Fall Prevention with Jane 10am Adaptive Line Dancing w. Vickie 11:30 Tech Time with Abbie 1:15 Silver Sneaker with Henry 5:45 Beth El Musical Kabbalat Shabbat Zoom 948 321 834  <small>Rosh Hashanah Begins</small>	A Rookie's Day 19 9:30 Shabbat Moring Service of Beth El Congregation 10:30am News and Views 2:30pm Hallway Carnival Movies at 11:00a, 2:30p, 4:40p, 7p <small>Oktoberfest Begins</small>
	Emmy Awards 20 10:00a Non-denominational Church Service 10:30a Sunday News w/ Jazzmin Movies at 11a, 2:30p, 4:40p, 7p Activity Packet Handout	Deaf Awareness Week Begins 21 9am Fall Prevention with Jane 10am Immunity w. Breath & Movement w. Vickie Silver Sneakers 2pm Yoga +Dance Fusion 2:30pm Bingo w/ Jazzmin Crossword Monday Movies at 11:00a, 2:30p, 4:40p, 7p	Autumn Begins 22 9am Strength Training with Jane 10am Adaptive Fitness & Strength training with Vickie 10:30am News and Views 1:15pm Silver Sneaker with Henry 2:30pm Ice Cream Cart 3:00pm Nails By Appointment Mystery Tuesday Movies at 11:00a, 2:30p, 4:40p, 7p <small>Autumn Begins</small>	Female Empowerment Day 23 9am Fall Prevention with Jane 10am Yoga for Daily Life Movement 10:30am News and Views 11am Movement is Medicine 1:15pm Silver Sneakers 2:30pm Bingo Word Search Wednesday Movies at 2:30p, 4:40p, 7p	World Maritime Day 24 9am Strength Training with Jane 10am Energy Up Adaptive Fitness with Vickie 10:30am News and Views 1:15pm Silver Sneakers 2:30pm America Says Movies at 11:00a, 2:30p, 4:40p, 7p	One-Hit Wonder Day 25 9am Fall Prevention with Jane 10am Adaptive Line Dancing w. Vickie 11:30 Tech Time with Abbie 1:15 Silver Sneaker with Henry 5:45 Beth El Musical Kabbalat Shabbat Zoom 948 321 834 	Slogan Saturday 26 9:30 Shabbat Moring Service of Beth El Congregation 10:30am News and Views 2:30pm Ice Cream Cart Movies at 11:00a, 2:30p, 4:40p, 7p
	Yom Kippur 27 10:00a Non-denominational Church Service 10:30a Sunday News w/ Jazzmin Movies at 11a, 2:30p, 4:40p, 7p Activity Packet Handout <small>Yom Kippur Begins</small>	Good Neighbor Day 28 9am Fall Prevention with Jane 10am Immunity w. Breath & Movement w. Vickie Silver Sneakers 2pm Yoga +Dance Fusion 2:30pm Bingo w/ Jazzmin Crossword Monday Movies at 11:00a, 2:30p, 4:40p, 7p	International Coffee Day 29 9am Strength Training with Jane 10am Adaptive Fitness & Strength training with Vickie 10:30am News and Views 1:15 Silver Sneaker with Henry 2:30pm New! Crocheting Club Mystery Tuesday Movies at 11:00a, 2:30p, 4:40p, 7p	Yabba Dabba Doo! Day 30 September Birthday Celebration 9am Fall Prevention with Jane 10am Yoga for Daily Life Movement 10:30am News and Views 11am Movement is Medicine 1:15pm Silver Sneakers 2:30pm Bingo Word Search Wednesday Movies at 2:30p, 4:40p, 7p	 <h1>September 2020</h1> <p>Sicily</p>		