

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2020

Sicily

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Welcome To October Day 1 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Energy Up Adaptive Fitness w/ Vickie 10:30 am News and Views - Monthly Gazette 1:15pm Silver Sneakers w/ Henry 3:00pm October Trivia Movies at 11a, 2:30p, 4:30p ,and 7p	World Smile Day 2 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Adaptive Line Dancing w/ Vickie 10:30am News and Views –Tell Me Something Good 11:30am Tech Time w/ Abbie 1:15pm Silver Sneakers w/ Henry 2:30pm Hallway Ice Cream Social 5:45 Beth El Musical Kabbalat Shabbat Zoom 948 321 834 Movies at 11a, 2:30p, 4:30p ,and 7p	The Andy Griffith Show 60th Anniversary 3 9:30 Shabbat Moring Service of Beth El Congregation 9:30am Mail Cart 10:30 am News and Views – 7 Things I Learned From Andy Griffith 2:30pm Bingo Movies at 11a, 2:30p, 4:30p ,and 7p
Intergeneration Day 4 10:00am Non-denominational Church Service 10:30am Good News w/ Alexa Activity Packet Handouts Movies at 11:00am, 2:30pm, 4:30pm, and 7:00pm	World Teacher’s Day 5 9:00am Meditation w/ Whitney 10:00am Immunity Breath & Movement w/ Vickie 1:15pm Silver Sneakers w/ Henry Crossword Monday Movies at 11:00am, 2:30pm, 4:30pm, and 7:00pm	Tick-Tock Tuesday 6 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Adaptive Fitness and Strength Training w/ Vickie 10:30 am News and Views – Minute to Win It 1:15pm Silver Sneakers w/ Henry 3:00pm Crocheting Club Mystery Tuesday Movies at 11a, 2:30p, 4:30p ,and 7p	Draconids Peak 7 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Yoga For Daily Life Movement 10:30 am News and Views – Meteor Craft 11:00am Movement is Medicine 1:15pm Silver Sneakers w/ Henry 3:00pm Bingo Word Search Wednesday Movies at 2:30p, 4:30p ,and 7p	Tune Loving Thursday 8 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Energy Up Adaptive Fitness w/ Vickie 10:30 am News and Views – Music and Memory 1:15pm Silver Sneakers w/ Henry 3:00pm Name That Tune Movies at 11a, 2:30p, 4:30p ,and 7p	World Post Day 9 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Adaptive Line Dancing w/ Vickie 10:30am News and Views –STAMP Puzzle 11:30am Tech Time w/ Abbie 1:15pm Silver Sneakers w/ Henry 2:30pm Hallway Ice Cream Social 5:45 Beth El Musical Kabbalat Shabbat Zoom 948 321 834 Movies at 2:30p, 4:30p ,and 7p	Universal Music Day 10 9:30 Shabbat Moring Service of Beth El Congregation 9:30am Mail Cart 10:30 am News and Views – Tea and Tunes 2:30pm Bingo Movies at 11a, 2:30p, 4:30p ,and 7p Simchat Torah Begins
Earth Science Week 11 10:00am Non-denominational Church Service 10:30am Good News w/ Alexa Activity Packet Handouts Movies at 11:00am, 2:30pm, 4:30pm, and 7:00pm	Indigenous Peoples’ Day 12 9:00am Meditation w/ Whitney 10:00am Immunity Breath & Movement w/ Vickie 1:15pm Silver Sneakers w/ Henry Crossword Monday Movies at 11:00am, 2:30pm, 4:30pm, and 7:00pm Columbus Day (US) Thanksgiving Day (Canada)	That’s Italian Tuesday 13 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Adaptive Fitness and Strength Training w/ Vickie 10:30 am News and Views – It’s Italian 1:15pm Silver Sneakers w/ Henry 2:30pm Italian Ice Cart 3:00pm Nails by Appointment Mystery Tuesday Movies at 11a, 2:30p, 4:30p ,and 7p	A Hoot of a Day 14 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Yoga For Daily Life Movement 10:30 am News and Views – Fall Owl Craft 11:00am Movement is Medicine 1:15pm Silver Sneakers w/ Henry 3:00pm Bingo Word Search Wednesday Movies at 2:30p, 4:30p ,and 7p	Tell A Funny Story Day 15 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Energy Up Adaptive Fitness w/ Vickie 10:30 am News and Views – Funny Stories 1:15pm Silver Sneakers w/ Henry 3:00pm Crocheting Club Movies at 11a, 2:30p, 4:30p ,and 7p	Boss’s Day 16 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Adaptive Line Dancing w/ Vickie 10:30am News and Views –Famous Bosses 11:30am Tech Time w/ Abbie 1:15pm Silver Sneakers w/ Henry 2:30pm Hallway Ice Cream Social 5:45 Beth El Musical Kabbalat Shabbat Zoom 948 321 834 Movies at 2:30p, 4:30p ,and 7p	Scarecrow Saturday 17 9:30 Shabbat Moring Service of Beth El Congregation 9:30am Mail Cart 10:30 am News and Views – Scarecrow Flower Pots 2:30pm Bingo Movies at 11a, 2:30p, 4:30p ,and 7p
National Chemistry Week Begins 18 10:00am Non-denominational Church Service 10:30am Good News w/ Alexa Activity Packet Handouts Movies at 11:00am, 2:30pm, 4:30pm, and 7:00pm	Hocus Pocus Holiday 19 9:00am Meditation w/ Whitney 10:00am Immunity Breath & Movement w/ Vickie 1:15pm Silver Sneakers w/ Henry Crossword Monday Movies at 11:00am, 2:30pm, 4:30pm, and 7:00pm	Monster Mash Day 20 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Adaptive Fitness and Strength Training w/ Vickie 10:30 am News and Views – Rice Krispy Treat Monsters 1:15pm Silver Sneakers w/ Henry 3:00pm Crocheting Club Mystery Tuesday Movies at 11a, 2:30p, 4:30p ,and 7p	Sci-Fi and Fantasy Day 21 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Yoga For Daily Life Movement 10:30 am News and Views – Alien Pompom 11:00am Movement is Medicine 1:15pm Silver Sneakers w/ Henry 3:00pm Bingo Word Search Wednesday Movies at 2:30p, 4:30p ,and 7p	Think Positive Thursday 22 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Energy Up Adaptive Fitness w/ Vickie 10:30 am News and Views – Tell Me Something Good 1:15pm Silver Sneakers w/ Henry 3:00pm Affirmation Cards Movies at 11a, 2:30p, 4:30p ,and 7p	A BOO-tiful! Day 23 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Adaptive Line Dancing w/ Vickie 10:30am News and Views- Ghost Craft 11:30am Tech Time w/ Abbie 1:15pm Silver Sneakers w/ Henry 2:30pm Hallway Ice Cream Social 5:45 Beth El Musical Kabbalat Shabbat Zoom 948 321 834 Movies at 2:30p, 4:30p ,and 7p	Silly Saturday 24 9:30 Shabbat Moring Service of Beth El Congregation 9:30am Mail Cart 10:30 am News and Views – Poems by Shel Silverstein 2:30pm Bingo Movies at 11a, 2:30p, 4:30p ,and 7p
International Magic Week Begins 25 10:00am Non-denominational Church Service Activity Packet Handouts 10:30am Good News w/ Alexa Movies at 11:00am, 2:30pm, 4:30pm, and 7:00pm	Mahalia Jackson’s Birth Aniversary 26 9:00am Meditation w/ Whitney 10:00am Immunity Breath & Movement w/ Vickie 1:15pm Silver Sneakers w/ Henry Crossword Monday Movies at 11:00am, 2:30pm, 4:30pm, and 7:00pm	Toothbrush Tuesday 27 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Adaptive Fitness and Strength Training w/ Vickie 10:30 am News and Views – Dental Hygiene Cart 1:15pm Silver Sneakers w/ Henry 2:30pm Nails by Appointment Mystery Tuesday Movies at 11a, 2:30p, 4:30p ,and 7p	Red Hair and Freckles Day 28 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Yoga For Daily Life Movement 10:30 am News and Views – Famous Red Heads 11:00am Movement is Medicine 1:15pm Silver Sneakers w/ Henry 3:00pm Bingo Word Search Wednesday Movies at 2:30p, 4:30p ,and 7p	National Cat Day 29 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Energy Up Adaptive Fitness w/ Vickie 10:30 am News and Views – Adorable Cat Compilation 1:15pm Silver Sneakers w/ Henry 3:00pm Halloween Painting Movies at 11a, 2:30p, 4:30p ,and 7p	Frankenstein Friday 30 9:00am Meditation w/ Whitney 9:30am Mail Cart 10:00am Adaptive Line Dancing w/ Vickie 10:30am News and Views- Roll A Frankenstein 11:30am Tech Time w/ Abbie 1:15pm Silver Sneakers w/ Henry 2:30pm Hallway Ice Cream Social 5:45 Beth El Musical Kabbalat Shabbat Zoom 948 321 834 Movies at 2:30p, 4:30p ,and 7p	H A L L O W E E N 31 9:30 Shabbat Moring Service of Beth El Congregation 9:30am Mail Cart 10:30 am Pumpkin Decorating Contest 2:30pm Halloween Bingo Movies at 11a, 2:30p, 4:30p ,and 7p Halloween

