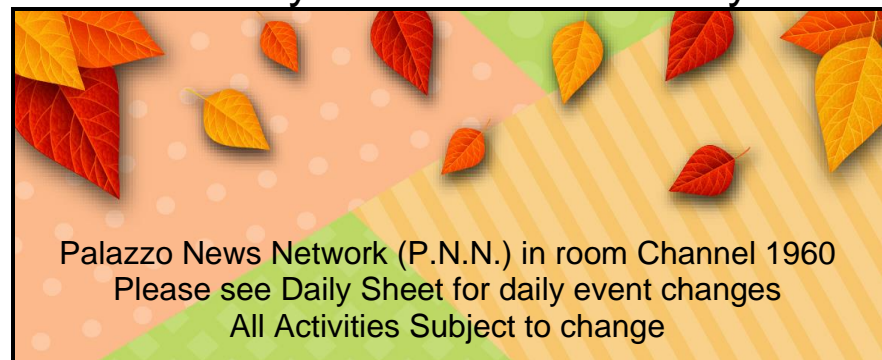



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>Palazzo News Network (P.N.N.) in room Channel 1960 Please see Daily Sheet for daily event changes All Activities Subject to change</p>		<p>9:30 September Gazette & Month Review</p> <p>10am Adaptive Fitness & Strength training with Vickie</p> <p>10:30 Televeda: Tai Chi</p> <p>12pm Televeda: Watercolor workshop</p> <p>1:15 Silver Sneaker with Henry</p> <p>1:30 Televeda: Cooking Corner</p> <p>2pm Ice Cream Dash</p> <p>Movie times: 11am. 2:30, 4:30 & 7pm</p>	<p>10am Yoga for Daily Life Movement</p> <p>10:30 Rock & Roll HALL OF FAME</p> <p>11 Televeda: Chair Yoga</p> <p>11am Movement is Medicine</p> <p>1pm Televeda: Bingo</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Sip & Paint sign up</p> <p>4pm Televeda: Tunes (Karaoke)</p>	<p>10am Grandparents Day Card Making</p> <p>10am Energy Up Adaptive Fitness with Vickie</p> <p>10 Televeda: Brain Games</p> <p>11:15 Televeda: Zen Flow</p> <p>1pm Televeda: Bingo</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Bingo Session 1</p> <p>3pm Bingo Session 2</p> <p>Movie times: 11am. 2:30, 4:30 & 7pm</p>	<p>10am Adaptive Line Dancing w. Vickie</p> <p>10 Televeda: Brain Games</p> <p>11:30 Tech Time with Abbie</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Jeopardy!! Sign - up</p> <p>5:45 Beth El Musical Kabbalat Shabbat Zoom 948 321 834</p>	<p>Kentucky Derby Day</p> <p>9:30 Shabbat Moring Service of Beth El Congregation</p> <p>Zoom 96171287469 PW 505525</p> <p>1:00 Word Puzzles</p> <p>2pm: Televeda: Brain Games</p> <p>2:30 Wheel of Fortune</p> <p>Movie times: 11am. 2:30, 4:30 & 7pm</p>	
	<p>10:00Non-Denominational Church service 1960</p> <p>4:00 Weekend Word Puzzles Pickup in Activities Room</p> <p>Movie times: 11am. 2:30, 4:30 & 7pm</p>	<p>10am Immunity w. Breath & Movement w. Vickie</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Yoga +Dance Fusion</p> <p>2pm Popcorn & Snack Pickup</p> <p>2:30 Televeda: Drawing Class</p> <p>2:30 Monday Movie Showing</p> <p>Movie times: 11am. 2:30, 4:30 & 7pm</p> <p>Labor Day</p>	<p>10am Adaptive Fitness & Strength training with Vickie</p> <p>10:30 Televeda: Tai Chi</p> <p>12pm Televeda: Watercolor workshop</p> <p>1:15 Silver Sneaker with Henry</p> <p>1:00 Televeda: Latino Art & Culture</p> <p>2pm Ice Cream Dash</p>	<p>10am Beading</p> <p>10am Yoga for Daily Life Movement</p> <p>11 Televeda: Chair Yoga</p> <p>11am Movement is Medicine</p> <p>1pm Televeda: Bingo</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Sip & Paint sign up</p> <p>4pm Televeda: Tunes (Karaoke)</p>	<p>National Football Kick Off</p> <p>10am Energy Up Adaptive Fitness with Vickie</p> <p>10 Televeda: Brain Games</p> <p>11:15 Televeda: Zen Flow</p> <p>11-3pm Hug Machine</p> <p>1pm Televeda: Bingo</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Bingo Session 1</p> <p>3pm Bingo Session 2</p>	<p>Remembrance Day</p> <p>10am Adaptive Line Dancing w. Vickie</p> <p>10 Televeda: Brain Games</p> <p>11:30 Tech Time with Abbie</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Jeopardy!! Sign - up</p> <p>5:45 Beth El Musical Kabbalat Shabbat Zoom 948 321 834</p>	<p>9:30 Shabbat Moring Service of Beth El Congregation</p> <p>Zoom 96171287469 PW 505525</p> <p>1:00 Word Puzzles</p> <p>2pm: Televeda: Brain Games</p> <p>2:30 Wheel of Fortune</p> <p>Movie times: 11am. 2:30, 4:30 & 7pm</p>
	<p>10:00Non-Denominational Church service 1960</p> <p>4:00 Weekend Word Puzzles Pickup in Activities Room</p> <p>Movie times: 11am. 2:30, 4:30 & 7pm</p> <p>Grandparents Day Event</p> <p>Grandparents Day</p>	<p>Assisted Living Week Spirt week</p> <p>10am Immunity w. Breath & Movement w. Vickie</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Yoga +Dance Fusion</p> <p>2pm Popcorn & Snack Pickup</p> <p>2:30 Televeda: Drawing Class</p> <p>2:30 Monday Movie Showing</p> <p>Movie times: 11am. 2:30, 4:30 & 7pm</p>	<p>10am Adaptive Fitness & Strength training with Vickie</p> <p>10:30 Televeda: Tai Chi</p> <p>12pm Televeda: Watercolor workshop</p> <p>1:15 Silver Sneaker with Henry</p> <p>1:30 Televeda: Feel Better Than You Have in Years!</p> <p>2pm Ice Cream Dash</p>	<p>10am Covid-19 Support Group</p> <p>10am Yoga for Daily Life Movement</p> <p>11 Televeda: Chair Yoga</p> <p>11am Movement is Medicine</p> <p>1pm Televeda: Bingo</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Sip & Paint sign up</p> <p>4pm Televeda: Tunes (Karaoke)</p>	<p>10am Fall Wreath Craft</p> <p>10am Energy Up Adaptive Fitness with Vickie</p> <p>10 Televeda: Brain Games</p> <p>11:15 Televeda: Zen Flow</p> <p>1pm Televeda: Bingo</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Bingo Session 1</p> <p>3pm Bingo Session 2</p> <p>Movie times: 11am. 2:30, 4:30 & 7pm</p>	<p>10am Adaptive Line Dancing w. Vickie</p> <p>10 Televeda: Brain Games</p> <p>11:30 Tech Time with Abbie</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Jeopardy!! Sign - up</p> <p>5:45 Beth El Musical Kabbalat Shabbat Zoom 948 321 834</p> <p>Rosh Hashanah Begins</p>	<p>9:30 Shabbat Moring Service of Beth El Congregation</p> <p>Zoom 96171287469 PW 505525</p> <p>1:00 Word Puzzles</p> <p>2pm: Televeda: Brain Games</p> <p>2:30 Wheel of Fortune</p> <p>Oktoberfest Begins</p>
	<p>10:00Non-Denominational Church service 1960</p> <p>4:00 Weekend Word Puzzles Pickup in Activities Room</p> <p>Movie times: 11am. 2:30, 4:30 & 7pm</p>	<p>10am Immunity w. Breath & Movement w. Vickie</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Yoga +Dance Fusion</p> <p>2pm Popcorn & Snack Pickup</p> <p>2:30 Televeda: Drawing Class</p> <p>2:30 Monday Movie Showing</p> <p>Movie times: 11am. 2:30, 4:30 & 7pm</p>	<p>10am Adaptive Fitness & Strength training with Vickie</p> <p>10:30 Televeda: Tai Chi</p> <p>12pm Televeda: Watercolor workshop</p> <p>1:15 Silver Sneaker with Henry</p> <p>1:30 Televeda: Learn Facebook & Instagram</p> <p>2pm Ice Cream Dash</p> <p>Autumn Begins</p>	<p>10am Beading</p> <p>10am Yoga for Daily Life Movement</p> <p>11 Televeda: Chair Yoga</p> <p>11am Movement is Medicine</p> <p>1pm Televeda: Bingo</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Sip & Paint sign up</p> <p>4pm Televeda: Tunes (Karaoke)</p>	<p>10am Energy Up Adaptive Fitness with Vickie</p> <p>10 Televeda: Brain Games</p> <p>11:15 Televeda: Zen Flow</p> <p>11-3pm Hug Machine</p> <p>1pm Televeda: Bingo</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Bingo Session 1</p> <p>3pm Bingo Session 2</p>	<p>10am Adaptive Line Dancing w. Vickie</p> <p>10 Televeda: Brain Games</p> <p>11:30 Tech Time with Abbie</p> <p>12:00 Order In Raffaele's Pizza \$5</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Jeopardy!! Sign - up</p> <p>5:45 Beth El Musical Kabbalat Shabbat Zoom 948 321 834</p>	<p>9:30 Shabbat Moring Service of Beth El Congregation</p> <p>Zoom 96171287469 PW 505525</p> <p>1:00 Word Puzzles</p> <p>2pm: Televeda: Brain Games</p> <p>2:30 Wheel of Fortune</p> <p>Movie times: 11am. 2:30, 4:30 & 7pm</p>
	<p>10:00Non-Denominational Church service 1960</p> <p>4:00 Weekend Word Puzzles Pickup in Activities Room</p> <p>Movie times: 11am. 2:30, 4:30 & 7pm</p> <p>Yom Kippur Begins</p>	<p>10am Immunity w. Breath & Movement w. Vickie</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Yoga +Dance Fusion</p> <p>2pm Popcorn & Snack Pickup</p> <p>2:30 Televeda: Drawing Class</p> <p>2:30 Monday Movie Showing</p> <p>Movie times: 11am. 2:30, 4:30 & 7pm</p>	<p>10am Adaptive Fitness & Strength training with Vickie</p> <p>10:30 Televeda: Tai Chi</p> <p>12pm Televeda: Watercolor workshop</p> <p>1:15 Silver Sneaker with Henry</p> <p>1:30 Televeda: How & What Games to Play online</p> <p>2pm Ice Cream Dash</p>	<p>10am Yoga for Daily Life Movement</p> <p>11 Televeda: Chair Yoga</p> <p>11am Movement is Medicine</p> <p>1pm Televeda: Bingo</p> <p>1:15 Silver Sneaker with Henry</p> <p>2pm Sip & Paint sign up</p> <p>4pm Televeda: Tunes (Karaoke)</p>	 <p>September 2020</p> <p>We are practicing social distancing and offering on-line classes for your in room viewing</p>		